

Mysteri es of Au'makua

www.MysteryKeepers.org

Ri ver's Personal Lessons

Wi th Greatest Grati tude To Hi s Mentors

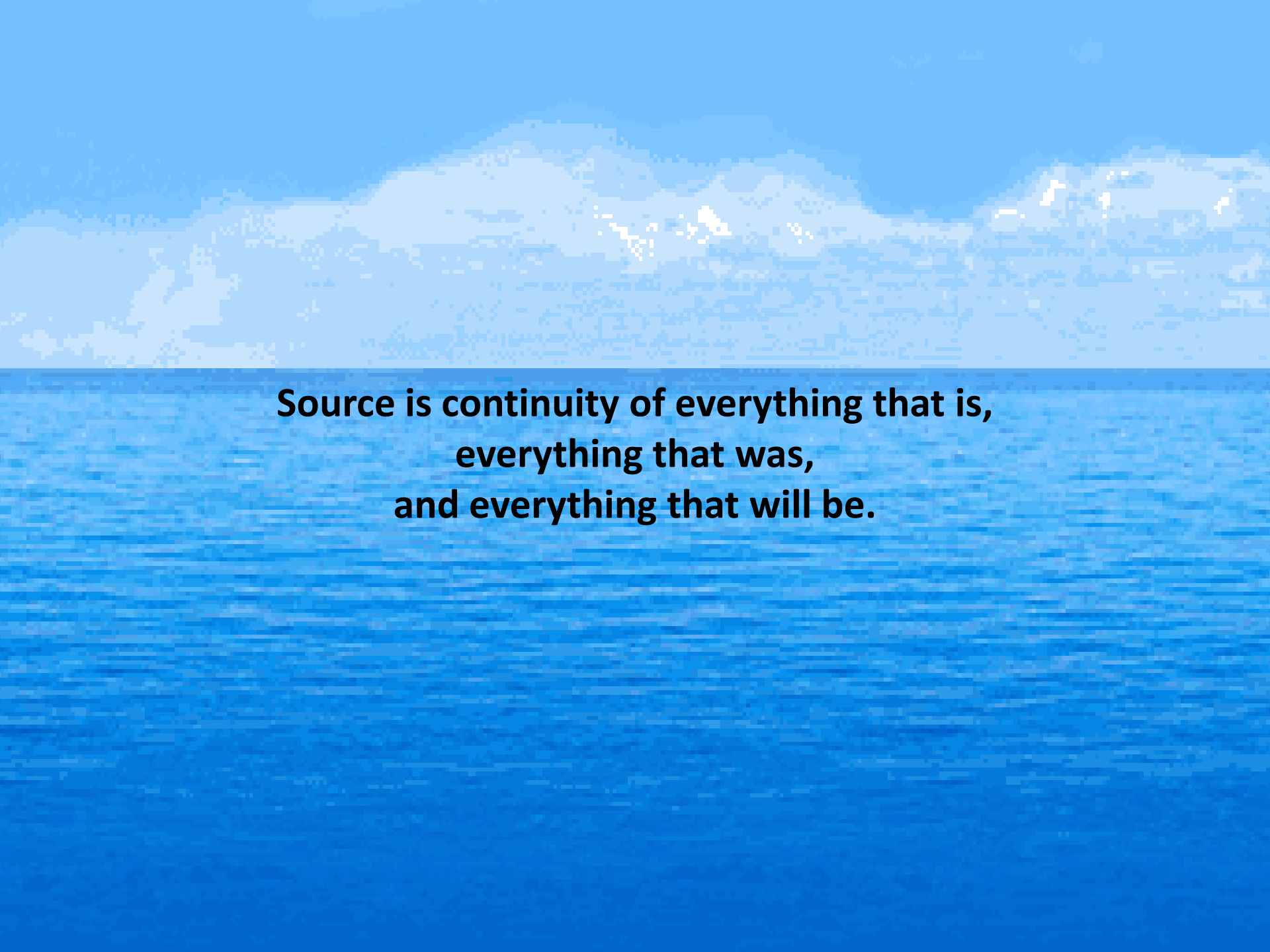
Opsahl : the gi ft of mastery

Becker: the gi ft of enjoyment

Bushnel l : the gi ft of possi bi l i ty

Kawai 'i : the gi ft of synthesi s



A background image showing a clear blue sky with scattered white clouds above a calm blue ocean. The horizon line is visible in the middle of the frame.


**Source is continuity of everything that is,
everything that was,
and everything that will be.**



Source is the nucleus of your domain of self.

A photograph of a bright blue sky with scattered white clouds, meeting a deep blue ocean at a clear horizon line. The text is centered in the middle of the image.

Domain of self is a manifestation of Divine energy

A background image of a blue sky with white clouds over a blue ocean. The text is centered in the middle of the image.

**Domain of self is everything that is,
everything that was,
and everything that will be.**


A background image of a blue sky with white clouds over a blue ocean. The text is centered in the middle of the image.

Which of your inner understandings limits you?

A photograph of a bright blue sky with scattered white clouds, positioned above a calm, deep blue ocean. The horizon line is clearly visible, separating the sky from the water.

Under every stone there is knowledge.

(Anishinaabe)

A photograph of a bright blue sky with scattered white clouds, positioned above a calm, deep blue ocean. The horizon line is clearly visible, separating the sky from the water.

**Everything of everything and nothing of nothing are always in flow.
Stasis does not exist.**

A photograph of a bright blue sky with scattered white clouds, meeting a deep blue ocean at a clear horizon line. The text is centered in the middle of the image.


Everything is nothing and Nothing is everything.

A photograph of a bright blue sky with scattered white clouds, positioned above a vast, deep blue ocean. The horizon line is clearly visible, separating the sky from the water.

Stable existence is an inner argument of no solution.



**Inner-acknowledgment is more important
than acknowledgment from others.**

A background image showing a clear blue sky with scattered white clouds above a calm blue ocean. The horizon line is visible in the middle of the frame.

**Frustration is a result of trying to stop inner flow
to stay at a place that is comfortable.**

A background image showing a bright blue sky with scattered white clouds above a calm, deep blue ocean. The horizon line is visible in the middle of the frame.

Seeking acknowledgment from others returns self-piety.

A photograph of a bright blue sky with scattered white clouds, meeting a deep blue ocean at a clear horizon line. The text is centered in the middle of the image.

Acknowledge inward and then spread outward.



Look within, and then within the within, and within the within.

A photograph of a bright blue sky with scattered white clouds, meeting a deep blue ocean at a clear horizon line. The text is centered in the middle of the image.

Expand outward the knowledge you already have.

A background image showing a clear blue sky with scattered white clouds above a calm, deep blue ocean. The horizon line is visible in the middle of the frame.

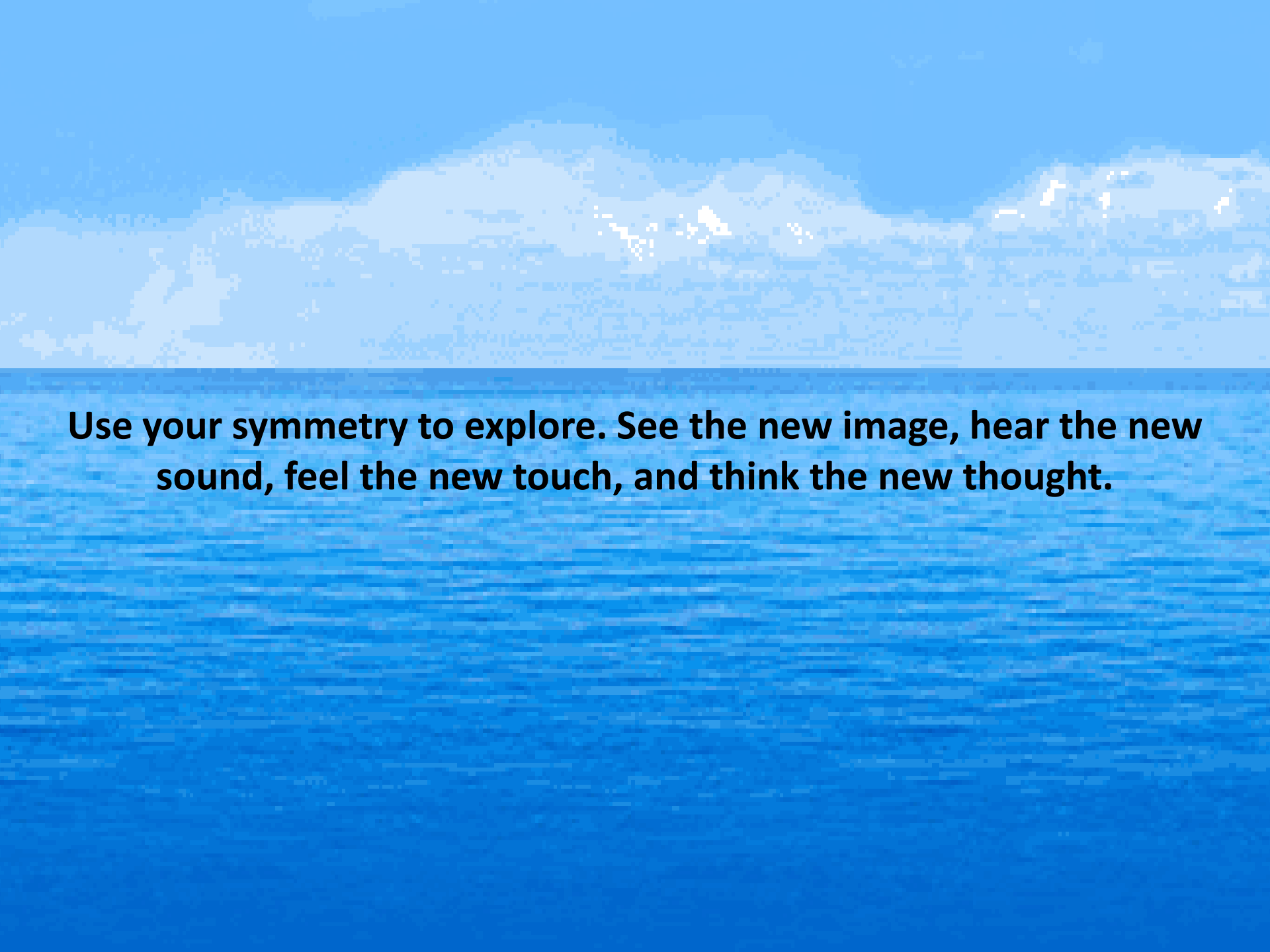
Don't crutch your knowledge by more knowledge.

A photograph of a bright blue sky with scattered white clouds, positioned above a vast, deep blue ocean. The horizon line is clearly visible, separating the sky from the water.


Each new moment is a refinement of a past moment.

A photograph of a bright blue sky with scattered white clouds, meeting a deep blue ocean at a clear horizon line. The text is centered in the middle of the image.

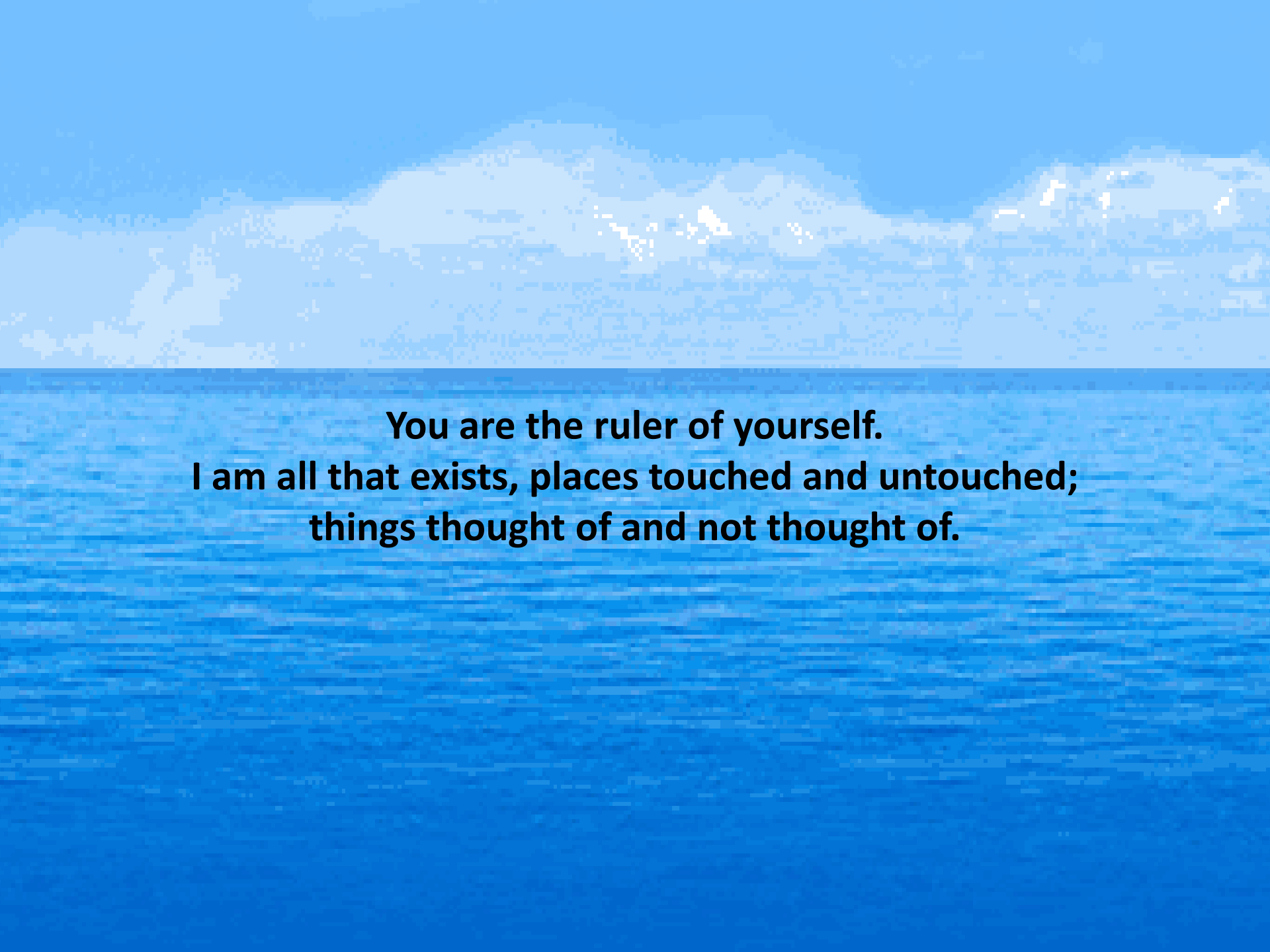
Each new direction springs from each new moment.

A photograph of a bright blue sky with scattered white clouds, meeting a deep blue ocean at a clear horizon line. The text is centered in the lower half of the image.

Use your symmetry to explore. See the new image, hear the new sound, feel the new touch, and think the new thought.

A photograph of a bright blue sky with scattered white clouds, meeting a calm blue ocean at a clear horizon line. The text is centered in the lower half of the image.

**All of existence flows around you.
Flow with it to understand,
or watch as it goes by.**

A serene ocean scene with a blue sky and white clouds. The text is centered in the middle of the image.

**You are the ruler of yourself.
I am all that exists, places touched and untouched;
things thought of and not thought of.**

A background image showing a clear blue sky with scattered white clouds above a calm blue ocean. The horizon line is visible in the middle of the frame.

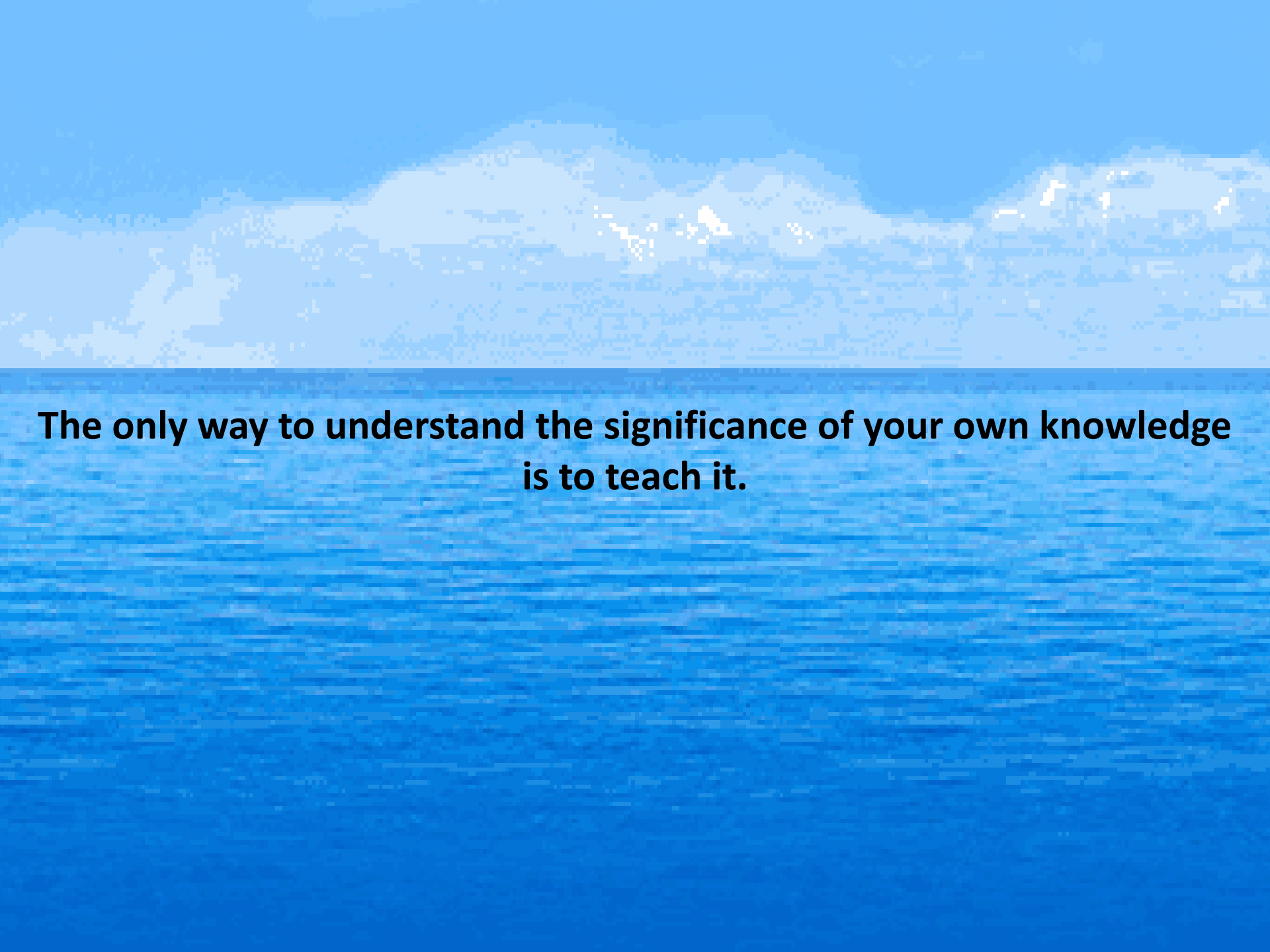
If you have no presence, no one will know you are present.

A photograph of a bright blue sky with scattered white clouds, positioned above a calm, deep blue ocean. The horizon line is clearly visible, separating the sky from the water.

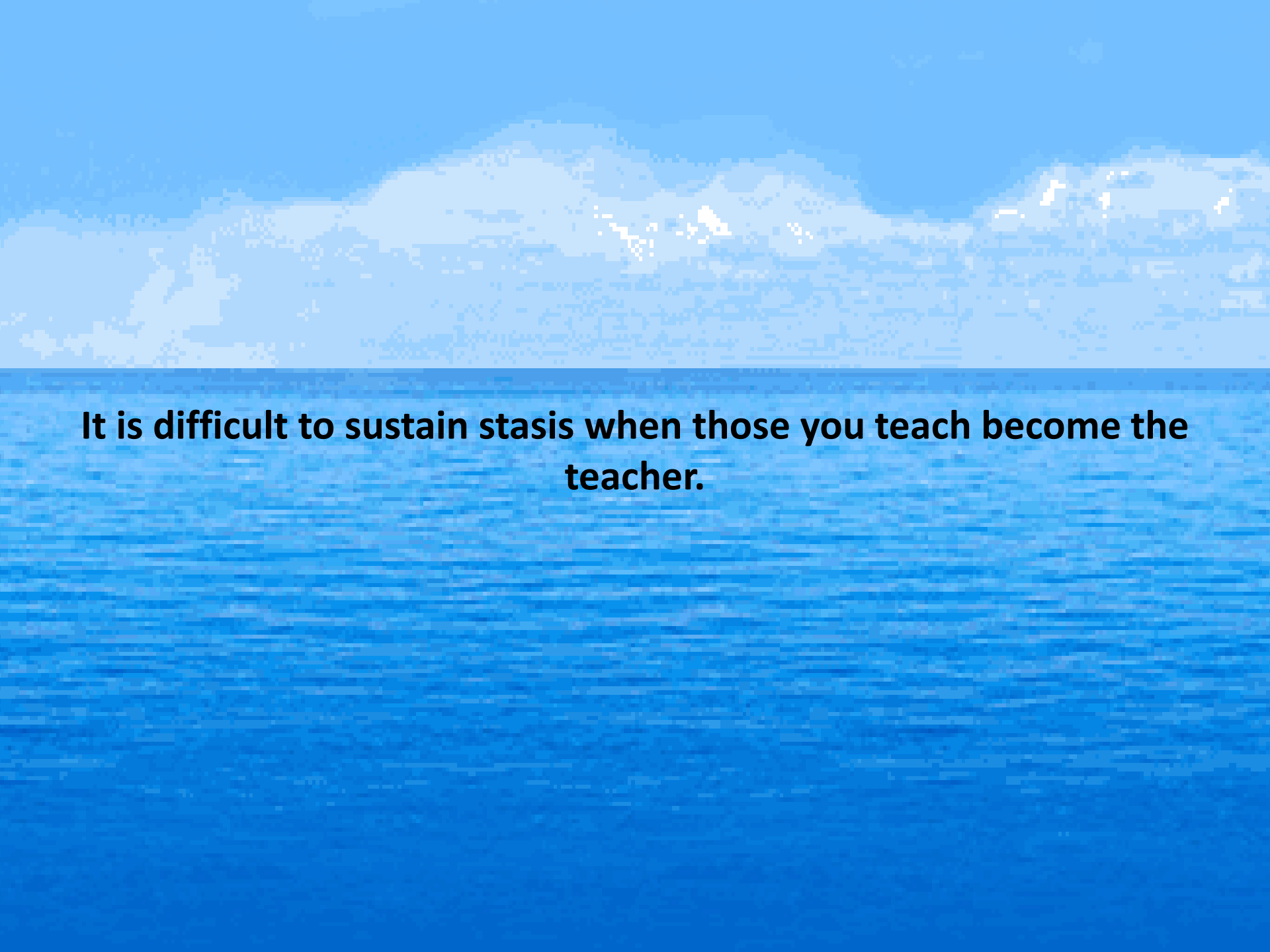
Acknowledge what is inside, and presence will emerge.

A background image showing a clear blue sky with scattered white clouds above a calm blue ocean. The horizon line is visible in the middle of the frame.

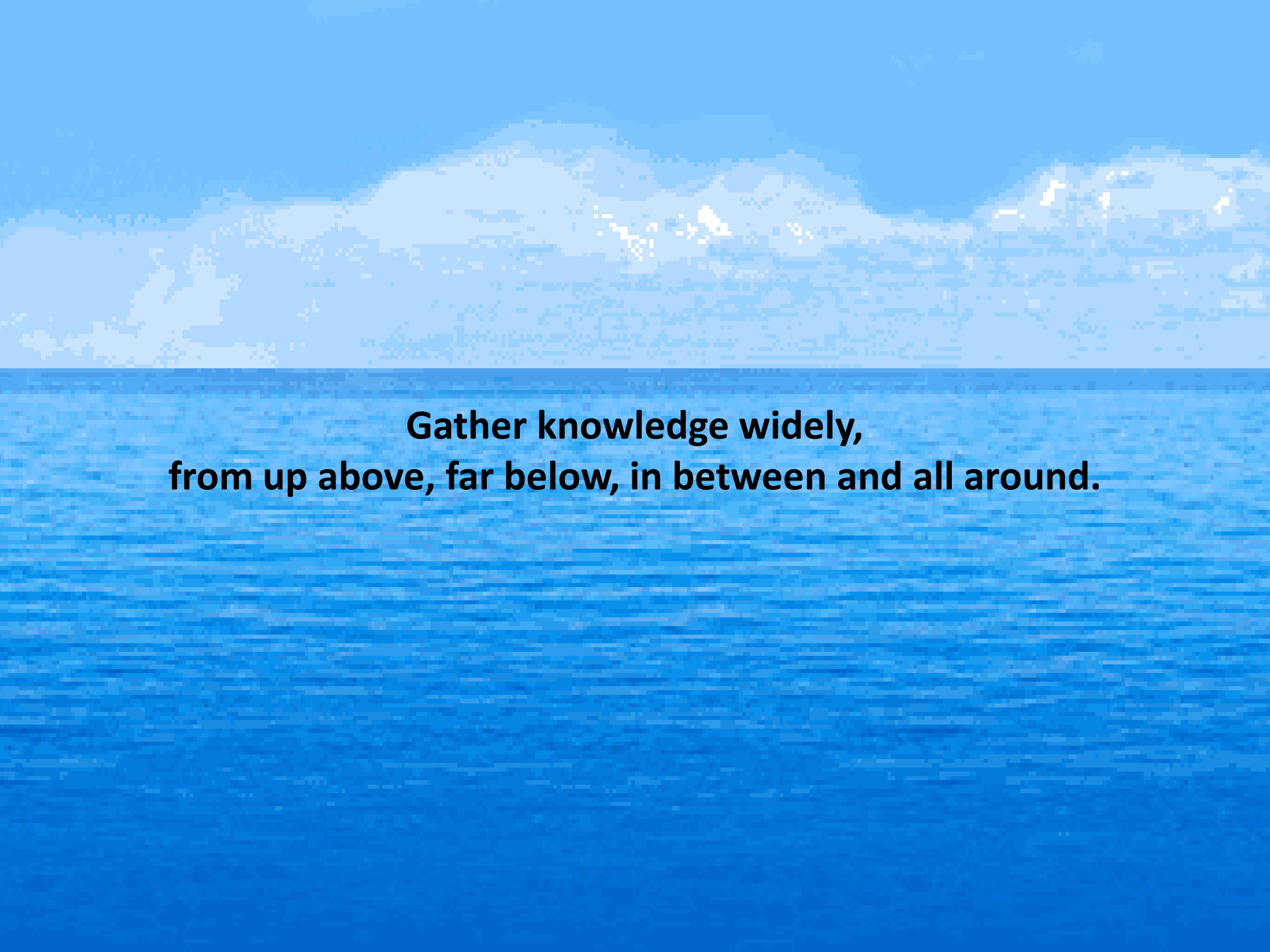
Those of presence attract those of presence.



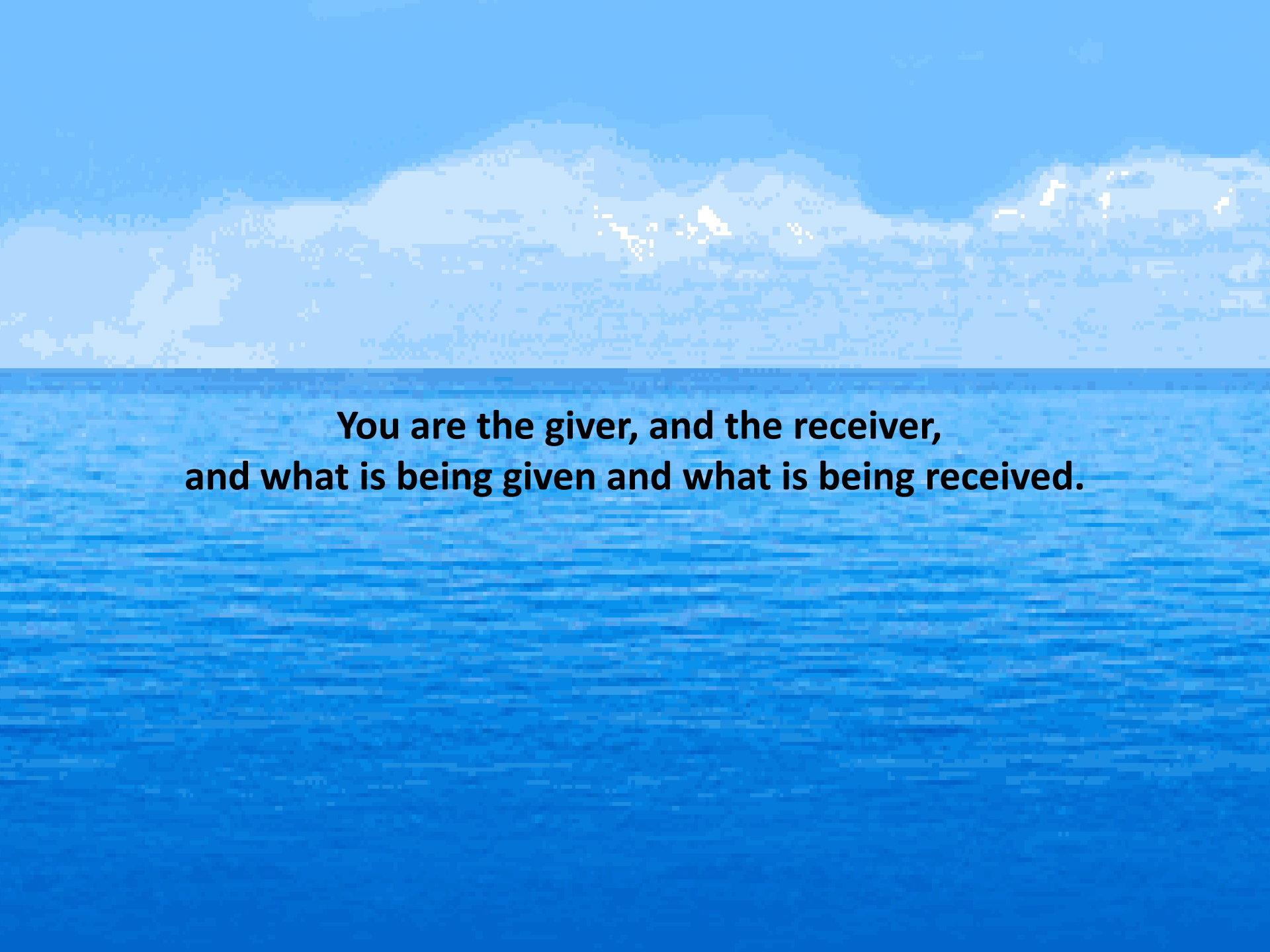
**The only way to understand the significance of your own knowledge
is to teach it.**

A background image showing a clear blue sky with scattered white clouds above a calm, deep blue ocean. The horizon line is visible in the middle of the frame.

It is difficult to sustain stasis when those you teach become the teacher.

A photograph of a bright blue sky with scattered white clouds, meeting a deep blue ocean at a clear horizon line. The text is centered in the middle of the image.

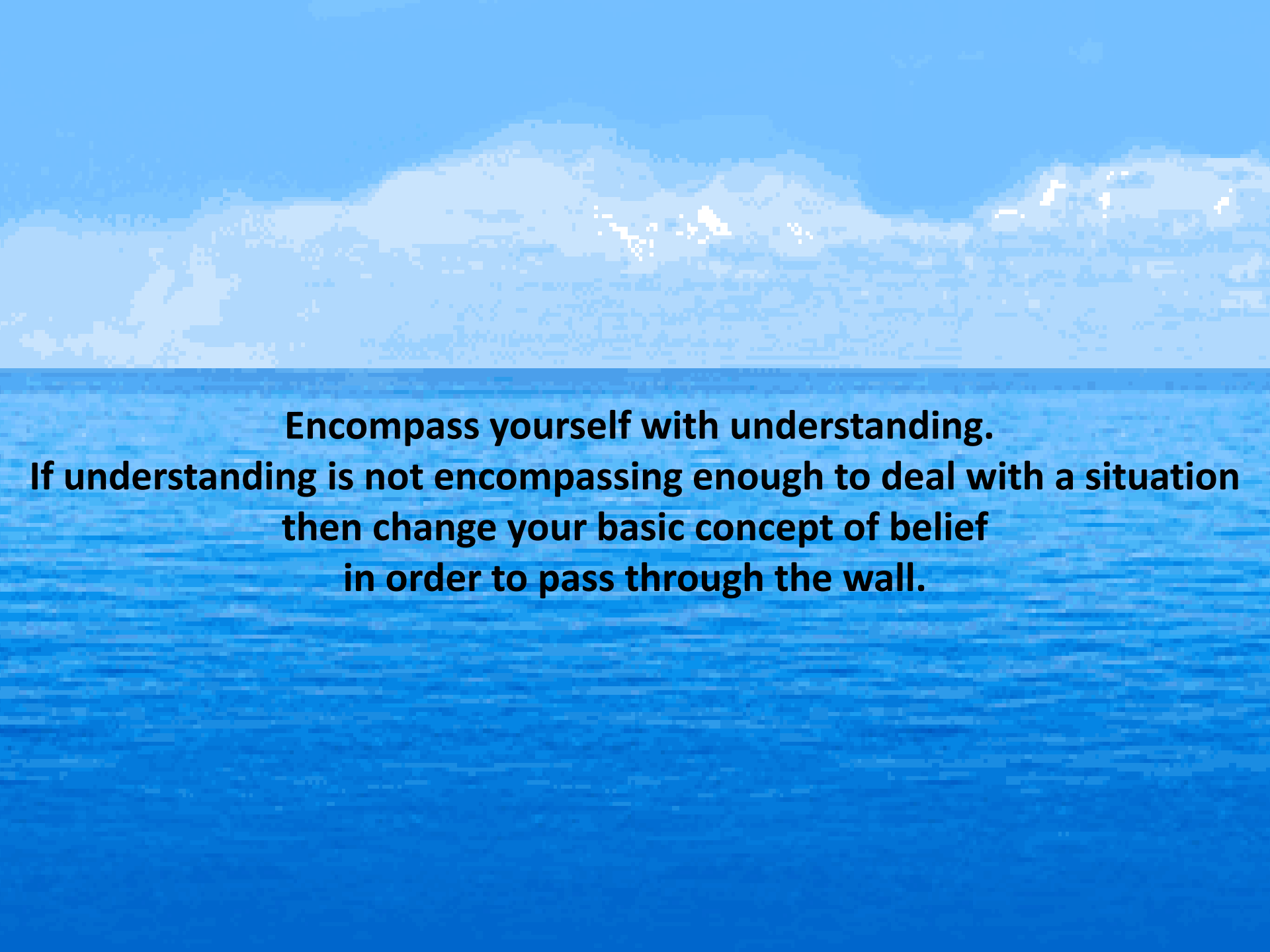
**Gather knowledge widely,
from up above, far below, in between and all around.**

A blue sky with white clouds over a blue ocean.


**You are the giver, and the receiver,
and what is being given and what is being received.**

A photograph of a bright blue sky with scattered white clouds, meeting a calm blue ocean at a clear horizon line. The text is centered in the lower half of the image.

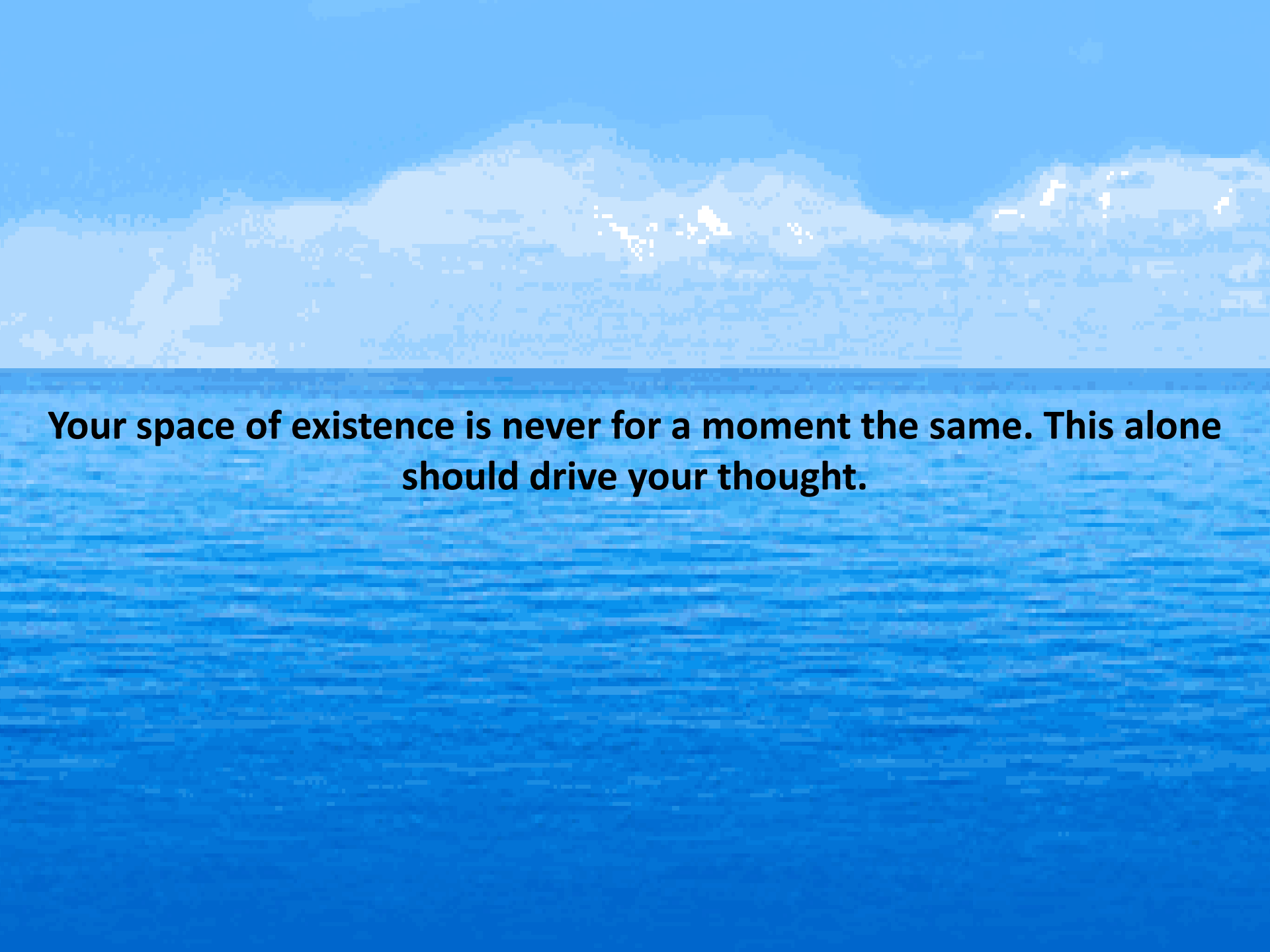
I am that which is spoken.



**Encompass yourself with understanding.
If understanding is not encompassing enough to deal with a situation
then change your basic concept of belief
in order to pass through the wall.**




Create your own tools of understanding and then teach them so you yourself can comprehend their significance.

A photograph of a bright blue sky with scattered white clouds, meeting a deep blue ocean at a clear horizon line. The text is centered in the middle of the image.

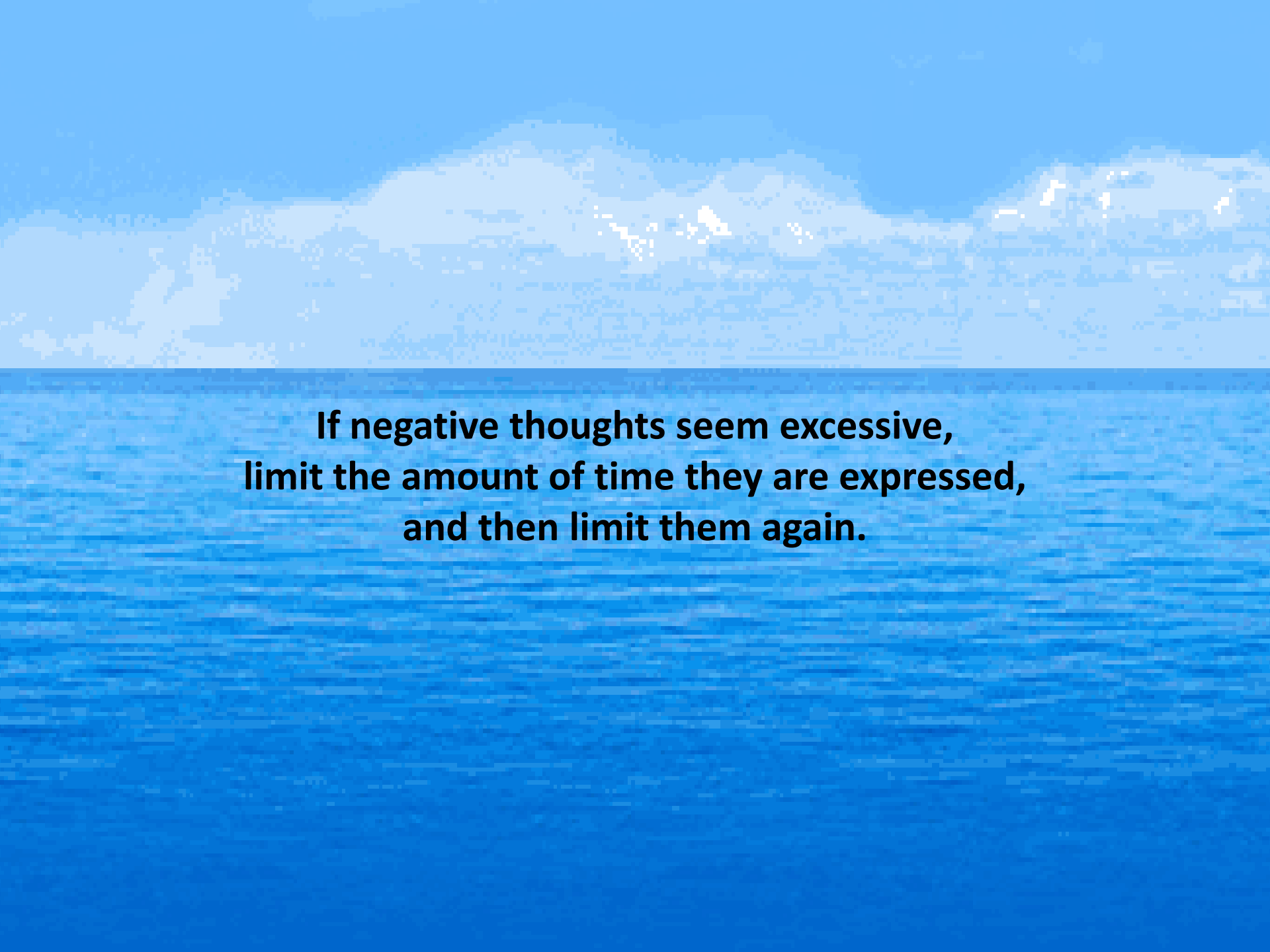
Your space of existence is never for a moment the same. This alone should drive your thought.

A photograph of a bright blue sky with scattered white clouds, positioned above a vast, deep blue ocean. The horizon line is clearly visible, separating the sky from the water.

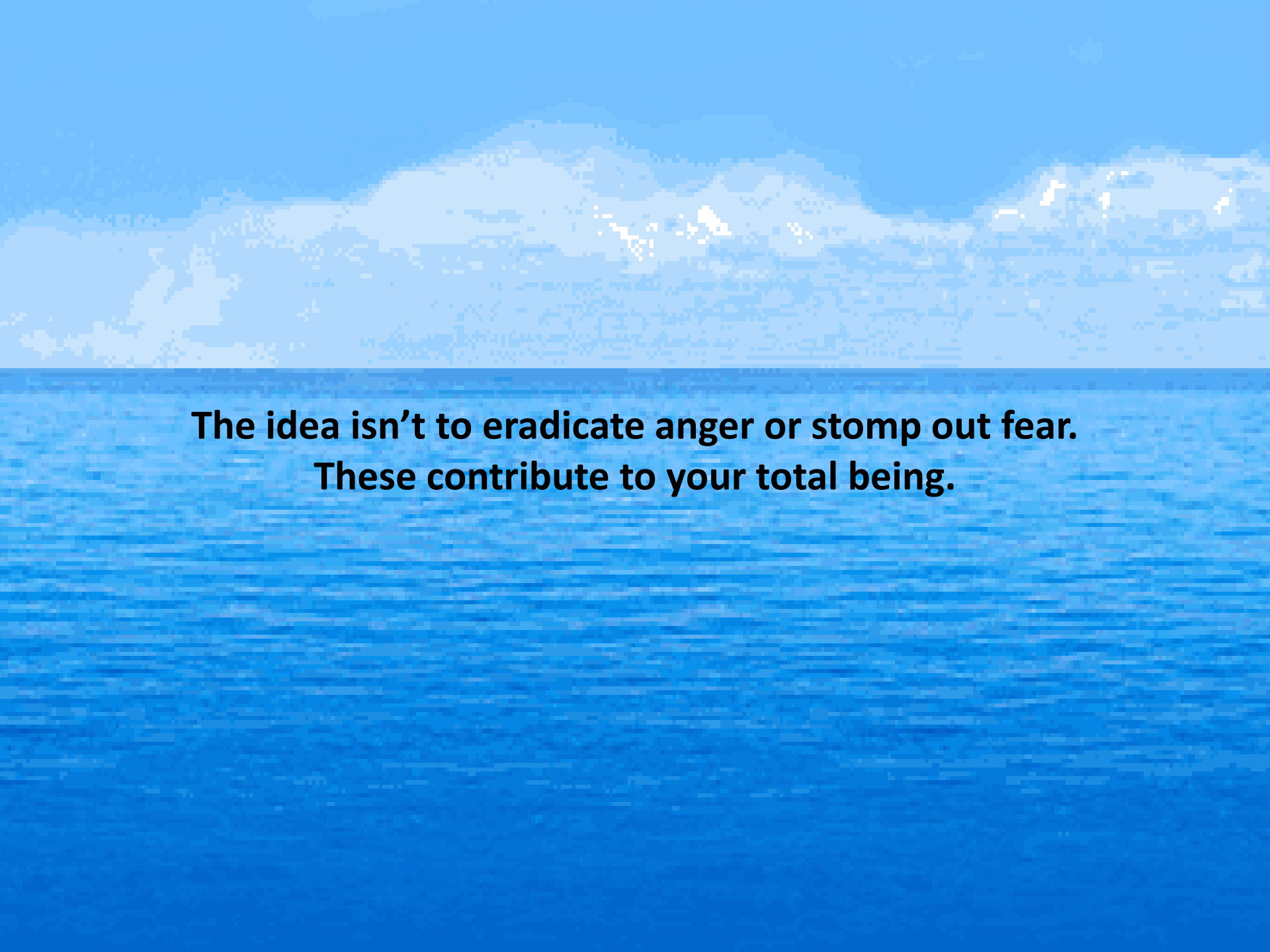
Power is gathering all the little things and putting them together.

A background image showing a clear blue sky with scattered white clouds above a calm blue ocean. The horizon line is visible in the middle of the frame.

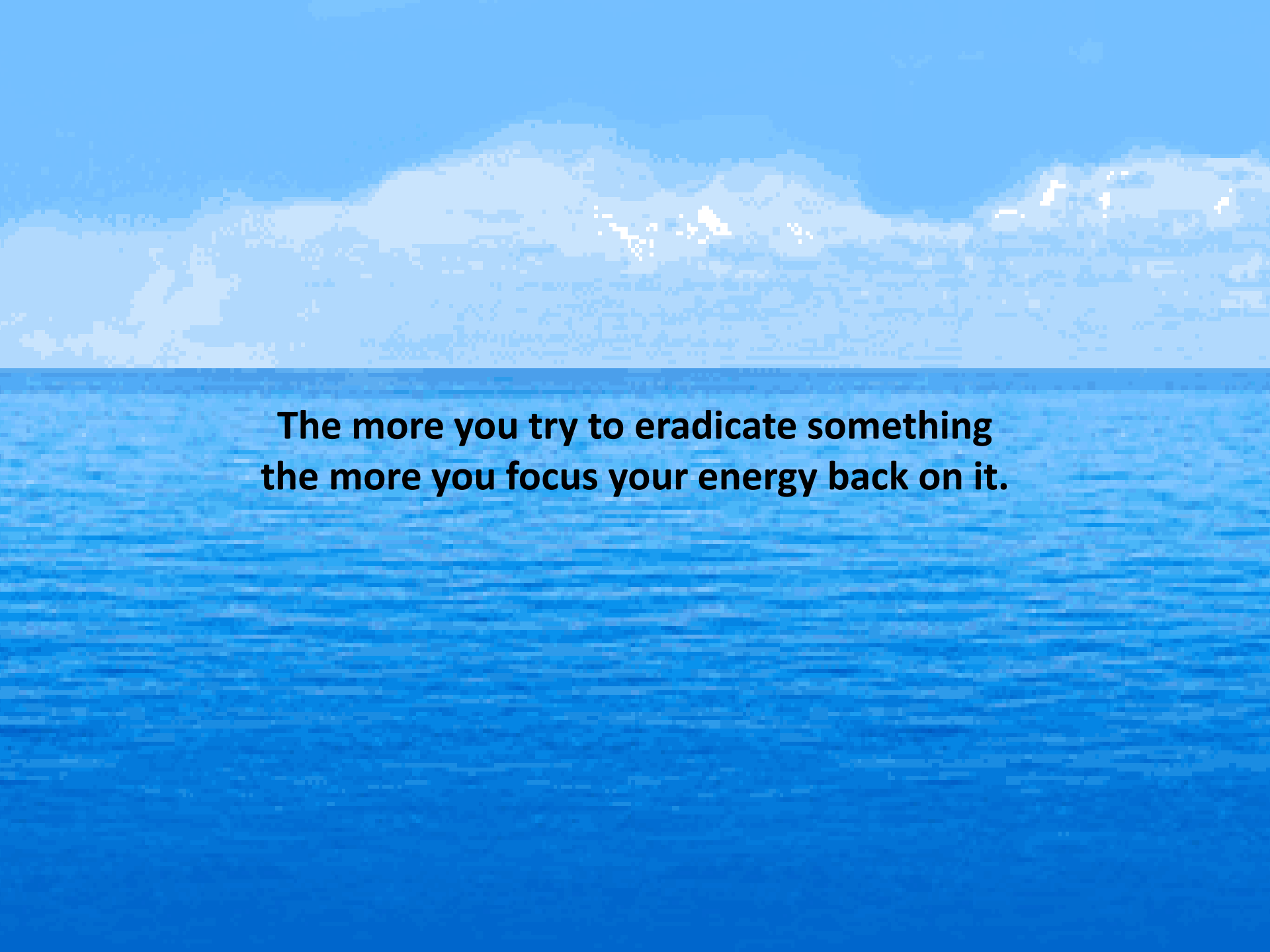
**Failure doesn't exist.
Only a different moment in space and time exists.**



**If negative thoughts seem excessive,
limit the amount of time they are expressed,
and then limit them again.**

A background image showing a clear blue sky with scattered white clouds above a calm blue ocean. The horizon line is visible in the middle of the frame.

**The idea isn't to eradicate anger or stomp out fear.
These contribute to your total being.**

A background image showing a clear blue sky with scattered white clouds above a calm blue ocean. The horizon line is visible in the middle of the frame.

**The more you try to eradicate something
the more you focus your energy back on it.**

A photograph of a bright blue sky with scattered white clouds, meeting a deep blue ocean at a clear horizon line. The text is centered in the lower half of the image.

One word with many meanings can make a universal statement.

A photograph of a bright blue sky with scattered white clouds, positioned above a vast, deep blue ocean. The horizon line is clearly visible, separating the sky from the water.

Everything speaks in life; everything in existence has spirit.

A photograph of a bright blue sky with scattered white clouds, meeting a calm blue sea at a clear horizon line. The text is centered in the lower half of the image.

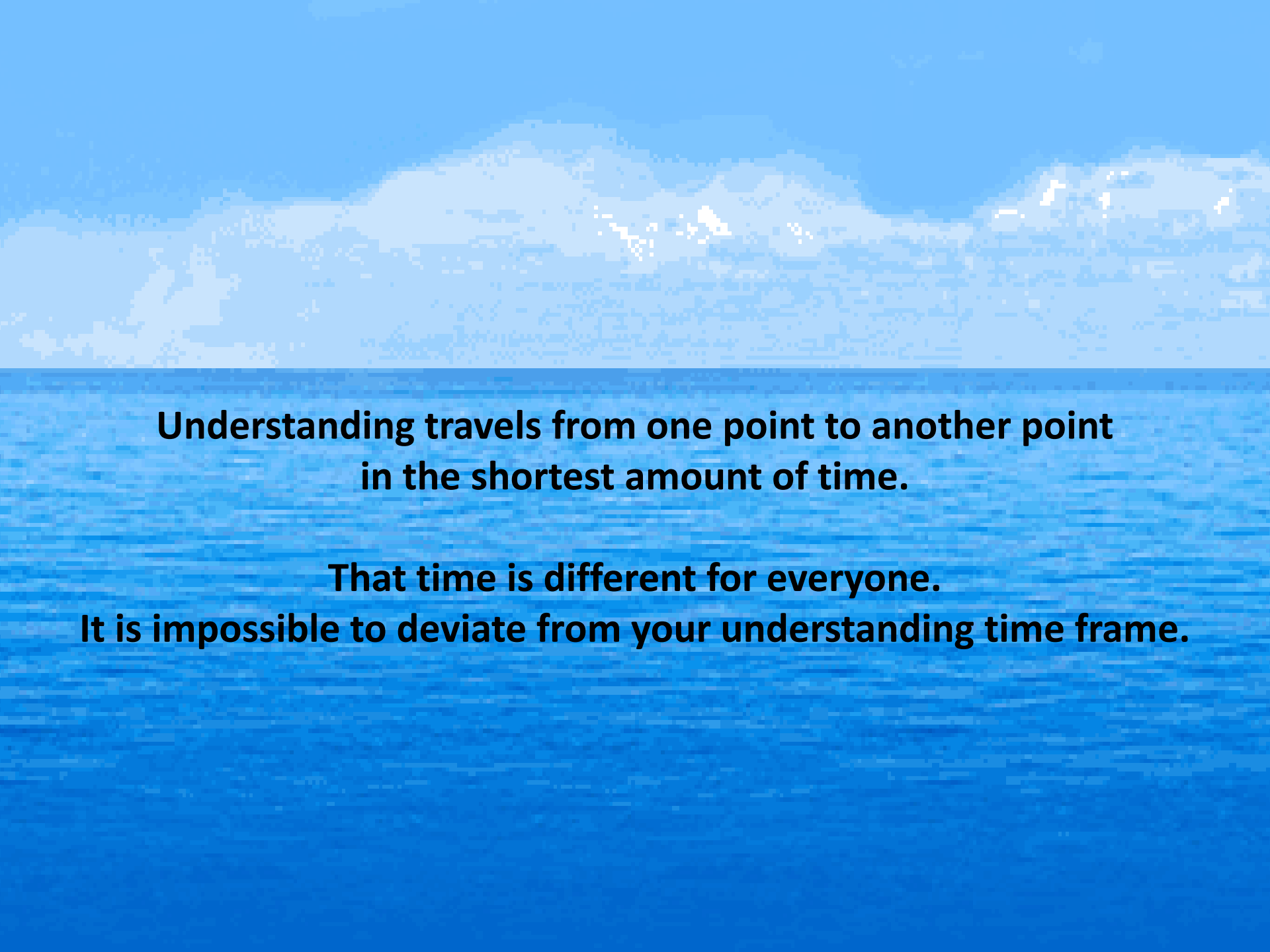
**The language of the Universe is everywhere;
in the mountains, the deserts, the sea, and the cities.**

A photograph of a bright blue sky with scattered white clouds, positioned above a vast, deep blue ocean. The horizon line is clearly visible, separating the sky from the water.

The light is the result of all of your understanding.



Whenever one speaks, they always speak the secret at some level.



**Understanding travels from one point to another point
in the shortest amount of time.**

That time is different for everyone.


It is impossible to deviate from your understanding time frame.



**You are either committed or you are not;
there is no permanent in between.**

A photograph of a bright blue sky with scattered white clouds, meeting a calm blue ocean at a clear horizon line. The text is centered in the lower half of the image.

Take a breath and then step through the wall.

A photograph of a bright blue sky with scattered white clouds, positioned above a calm, deep blue ocean. The horizon line is clearly visible, separating the sky from the water.

**If that does not work, take another breath
and step over the wall.**

A background image showing a clear blue sky with scattered white clouds above a calm blue ocean. The horizon line is visible in the middle of the frame.

Very few people go through or over the wall and commit.

A photograph of a bright blue sky with scattered white clouds, positioned above a clear blue ocean. The horizon line is visible, separating the sky and the water.

Break old static belief and concept patterns to create flow of light.

A photograph of a bright blue sky with scattered white clouds, meeting a deep blue ocean at a clear horizon line. The text is centered in the middle of the image.

You can not say anything from your mouth unless it is.

A photograph of a bright blue sky with scattered white clouds, meeting a deep blue ocean at a clear horizon line. The text is centered in the middle of the image.

When you teach it, you are pulling yourself to that reality.

A wide-angle photograph of a calm ocean under a bright blue sky with scattered white clouds. The horizon line is clearly visible, separating the deep blue water from the sky. The overall mood is peaceful and expansive.

There is nothing on this planet or in life that is not.

A photograph of a bright blue sky with scattered white clouds, meeting a calm blue ocean at a clear horizon line. The text is centered in the middle of the image.

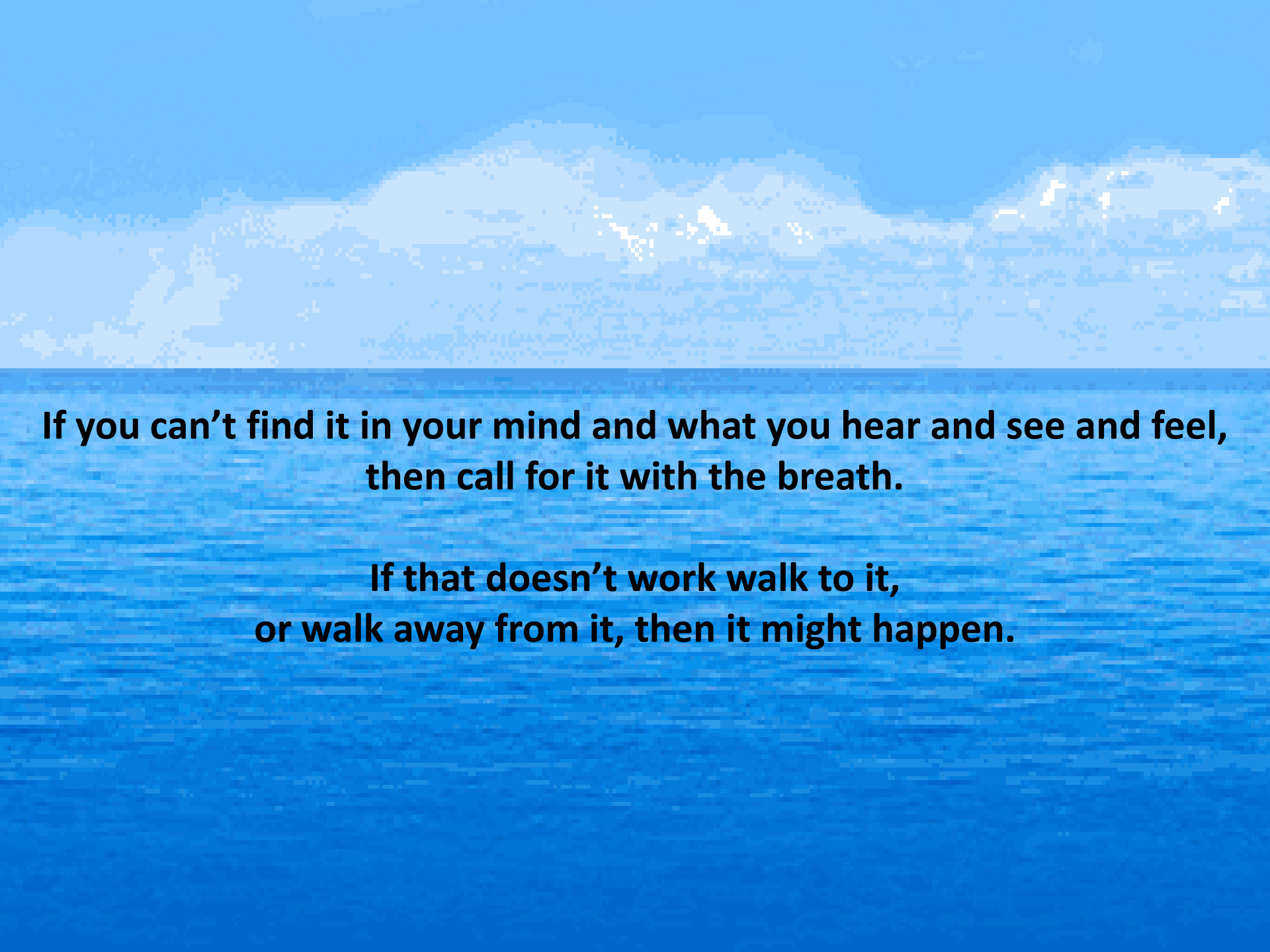
If you can imagine it, it is real.

A photograph of a bright blue sky with scattered white clouds, meeting a calm blue ocean at a clear horizon line. The text is centered in the middle of the image.

All the crazy thoughts are reality.

A photograph of a bright blue sky with scattered white clouds, meeting a deep blue ocean at a clear horizon line. The text is centered in the lower half of the image.

**Take your crazy thoughts together, like ingredients for a stew,
and they might make something that builds understanding.**




**If you can't find it in your mind and what you hear and see and feel,
then call for it with the breath.**

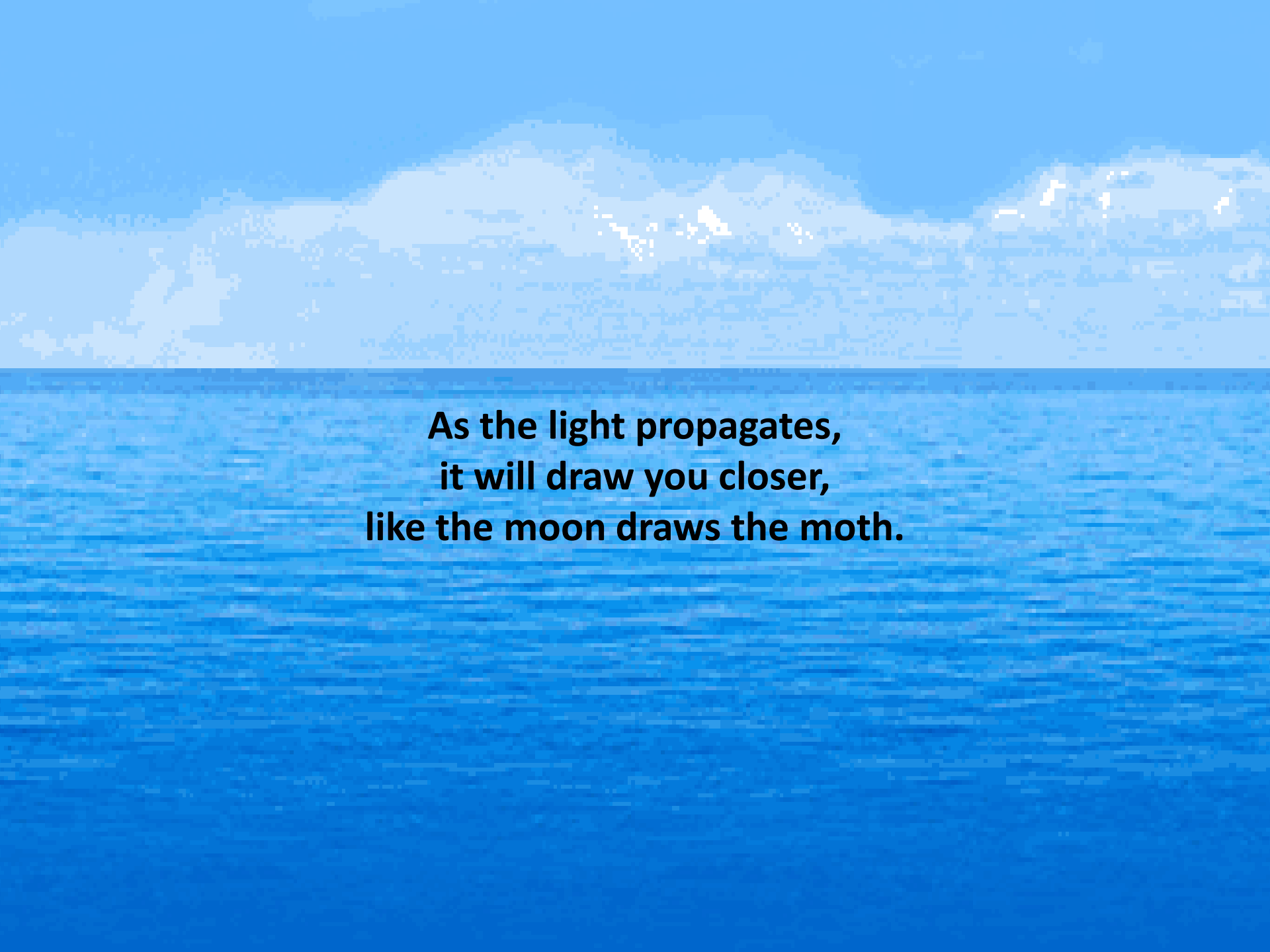
**If that doesn't work walk to it,
or walk away from it, then it might happen.**

A photograph of a bright blue sky with scattered white clouds, meeting a deep blue ocean at a clear horizon line. The text is centered in the middle of the image.

You will always find it because it encompasses you.

A serene ocean scene with a blue sky and white clouds. The text is centered in the middle of the image.

**If you are seeking the light,
look no further than your own doorstep.**

A photograph of a bright blue sky with scattered white clouds, meeting a calm blue ocean at a clear horizon line. The text is centered in the lower half of the image.

**As the light propagates,
it will draw you closer,
like the moon draws the moth.**


A photograph of a bright blue sky with scattered white clouds, positioned above a clear blue ocean. The horizon line is visible, separating the sky from the water.

Navigating in total darkness always ends with the first flicker.

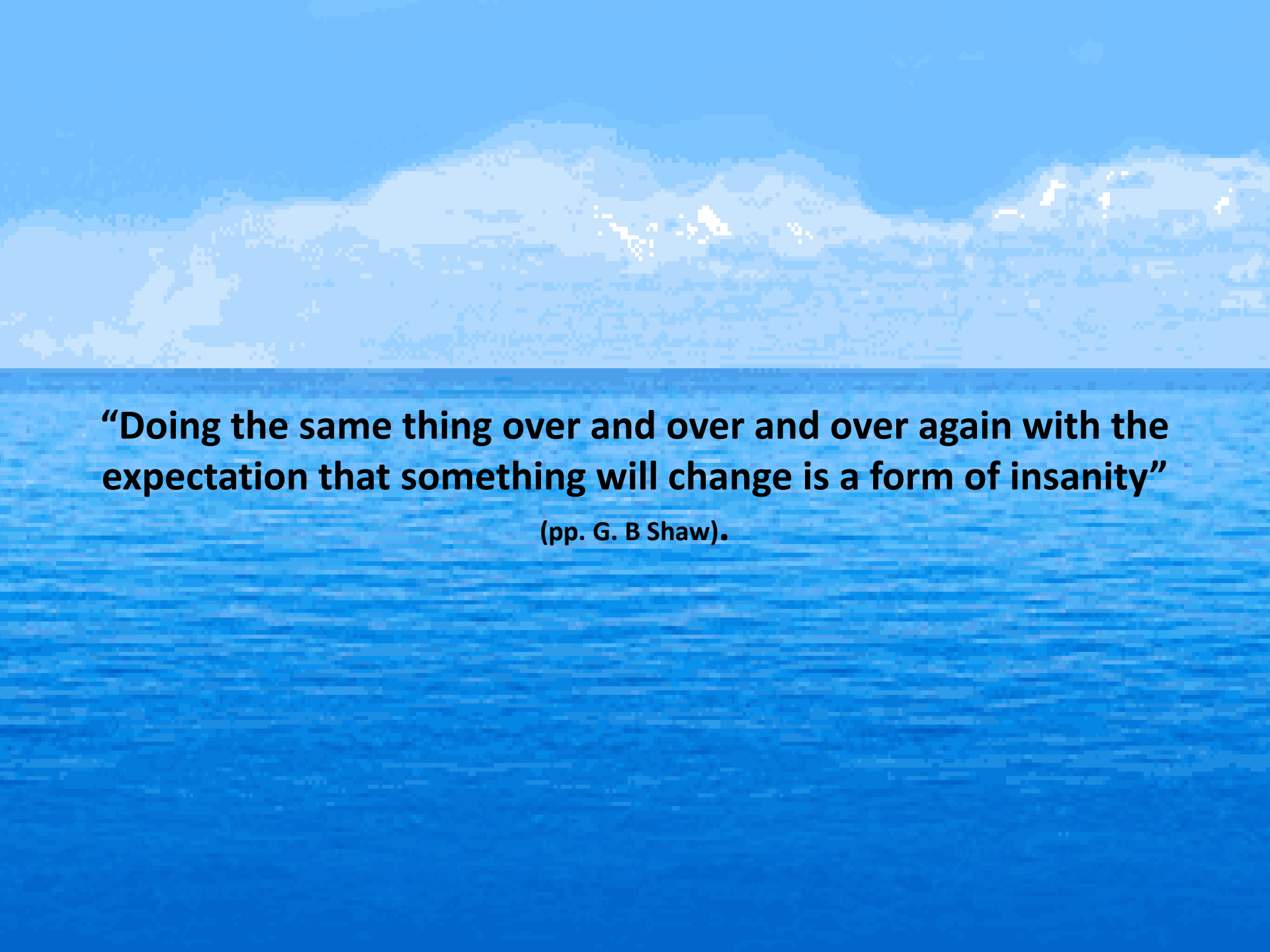


You have been playing the rationalizing mind game your whole life.

**Playing the mind game
quickly becomes a painful experience
because it propagates stasis.**

A background image showing a clear blue sky with scattered white clouds above a calm blue ocean. The horizon line is visible in the middle of the frame.

**Fear of change is embedded in becoming comfortable
in a static, marginal condition.**

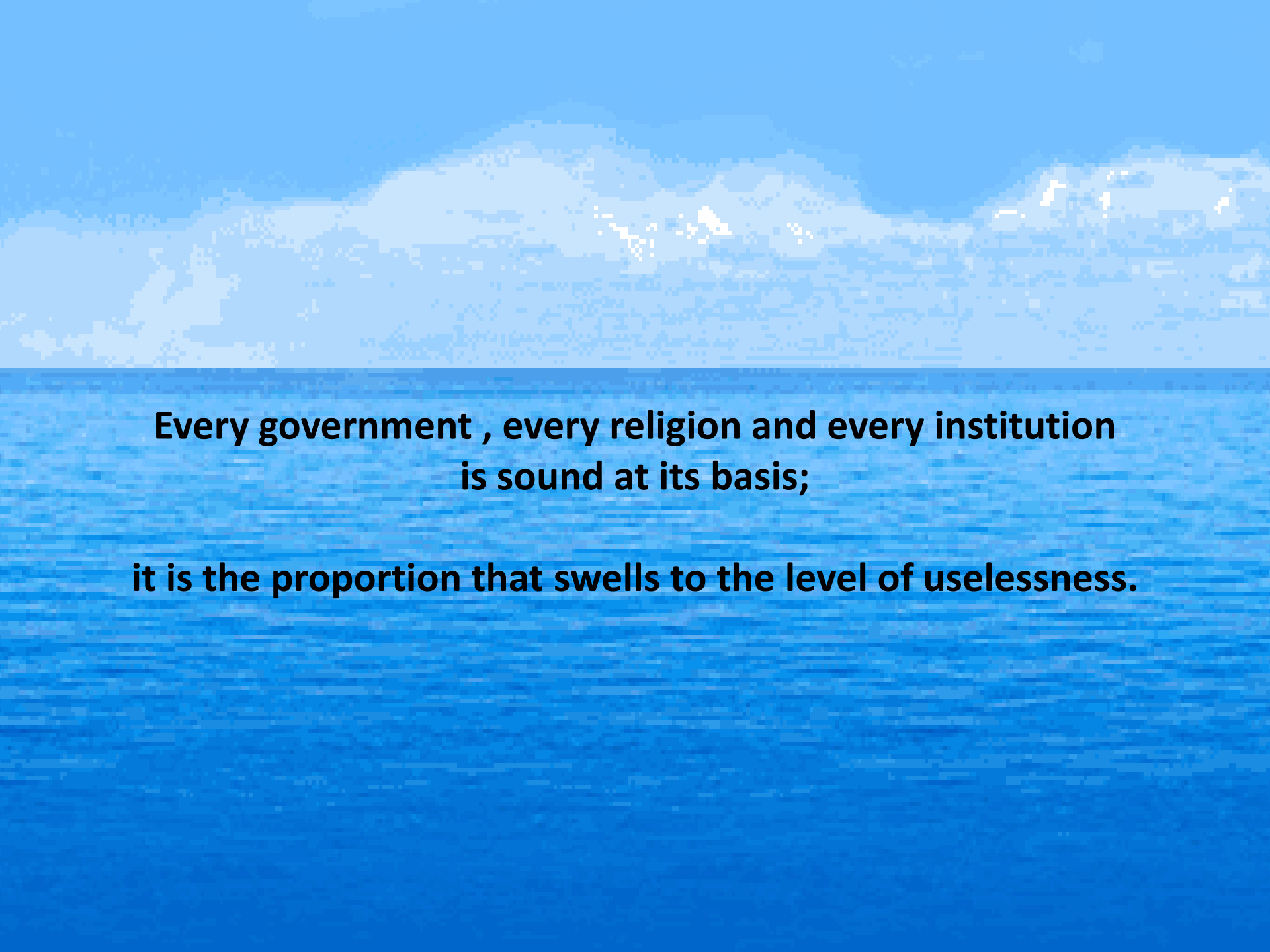


“Doing the same thing over and over and over again with the expectation that something will change is a form of insanity”

(pp. G. B Shaw).


A background image showing a clear blue sky with scattered white clouds above a calm, deep blue ocean. The horizon line is visible in the middle of the frame.

**Principles of everything originate in nature
and are expressed by nature oriented cultures.**




**Every government , every religion and every institution
is sound at its basis;**

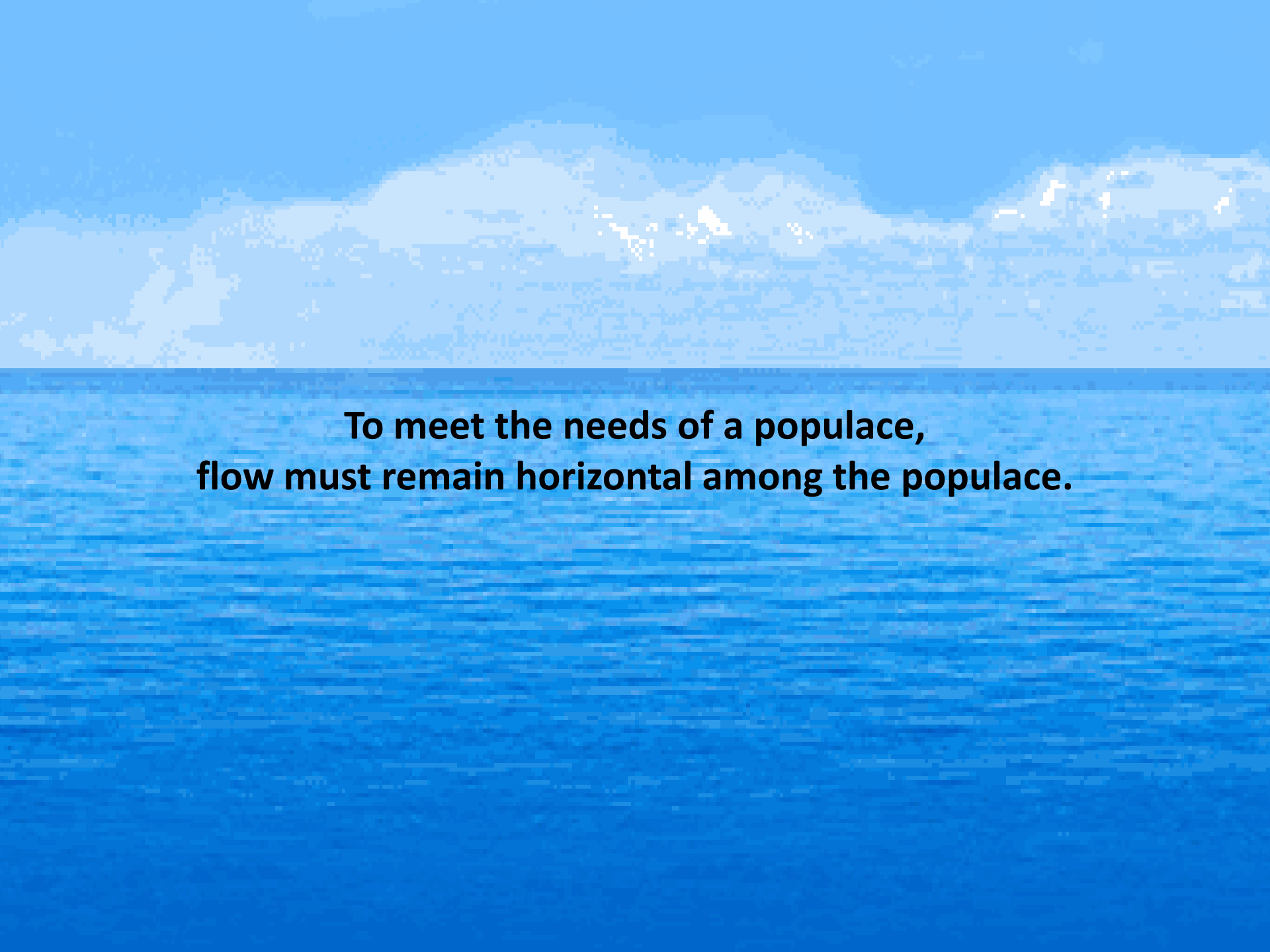
it is the proportion that swells to the level of uselessness.

A background image showing a clear blue sky with scattered white clouds above a calm blue ocean. The horizon line is visible in the middle of the frame.

**As institutional power grows,
it also decays from the stench of its own corruption.**

A photograph of a bright blue sky with scattered white clouds, meeting a deep blue ocean at a clear horizon line. The text is centered in the middle of the image.

Complexity seeds energy inefficiency.



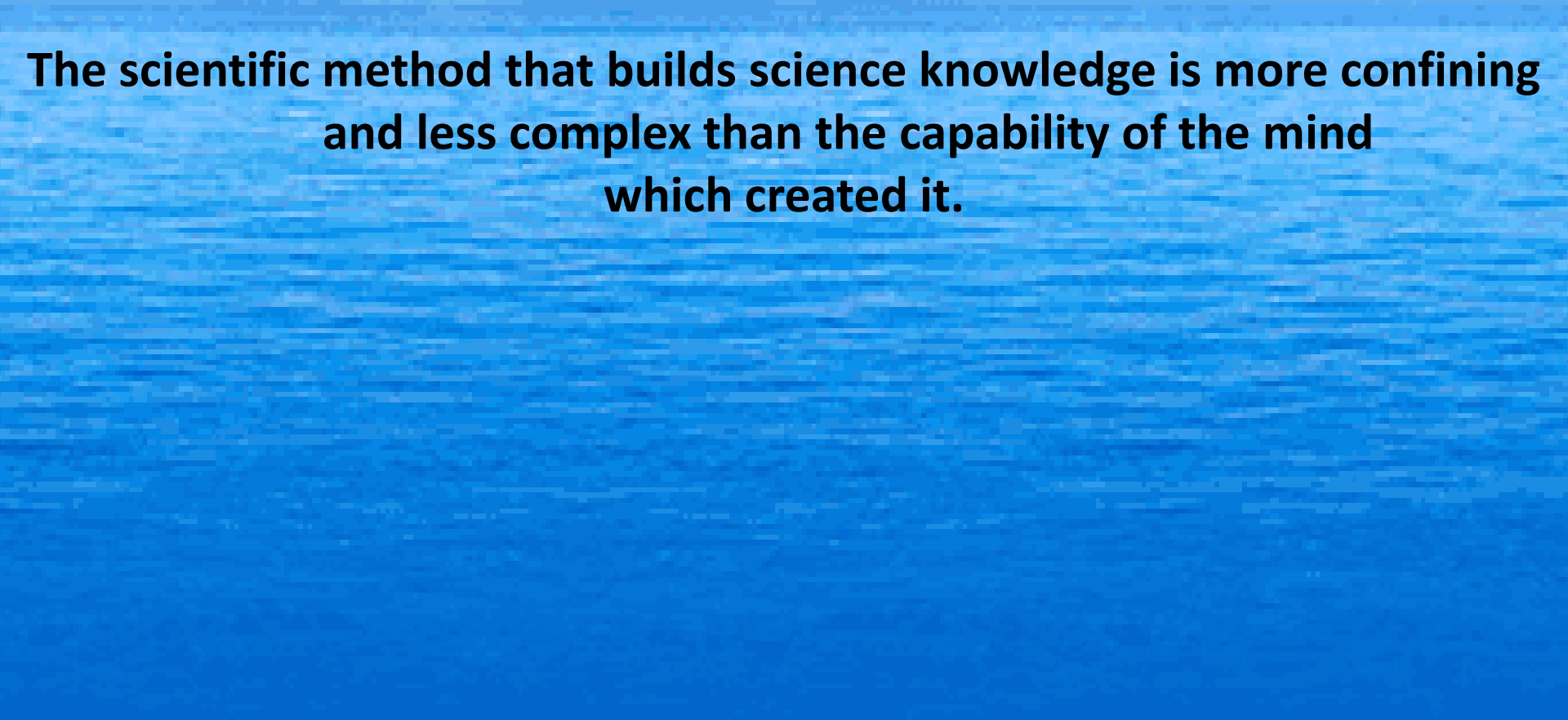
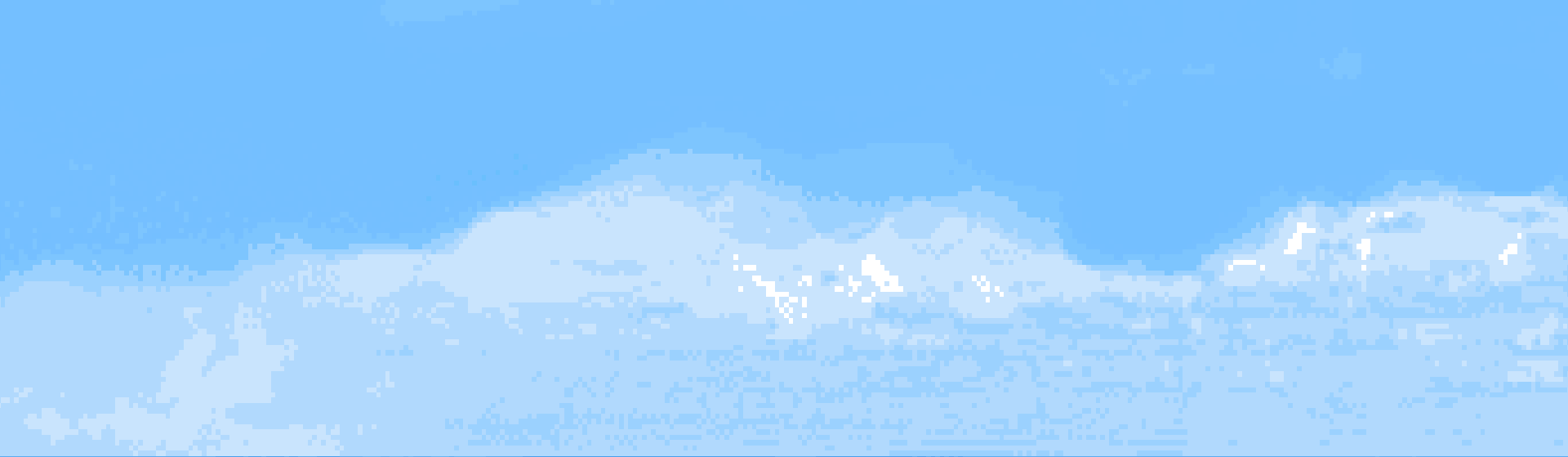
**To meet the needs of a populace,
flow must remain horizontal among the populace.**

A serene landscape featuring a clear blue sky with scattered white clouds. Below the sky is a calm, blue body of water that stretches across the horizon. The overall scene is peaceful and bright.

Creation in the mind initiates the brightest light.

A serene landscape featuring a clear blue sky with scattered white clouds above a calm, blue body of water. The horizon line is visible, separating the sky from the water.

The mind's reality is built from the mind's perception.



The scientific method that builds science knowledge is more confining and less complex than the capability of the mind which created it.



Science answers only questions that follow the rules of science.

A background image showing a bright blue sky with scattered white clouds above a calm, deep blue ocean. The horizon line is clearly visible, separating the sky from the water.

Accept science not as a limitation but as a facilitation.

A photograph of a bright blue sky with scattered white clouds, meeting a calm blue ocean at a clear horizon line. The text is centered in the lower half of the image.

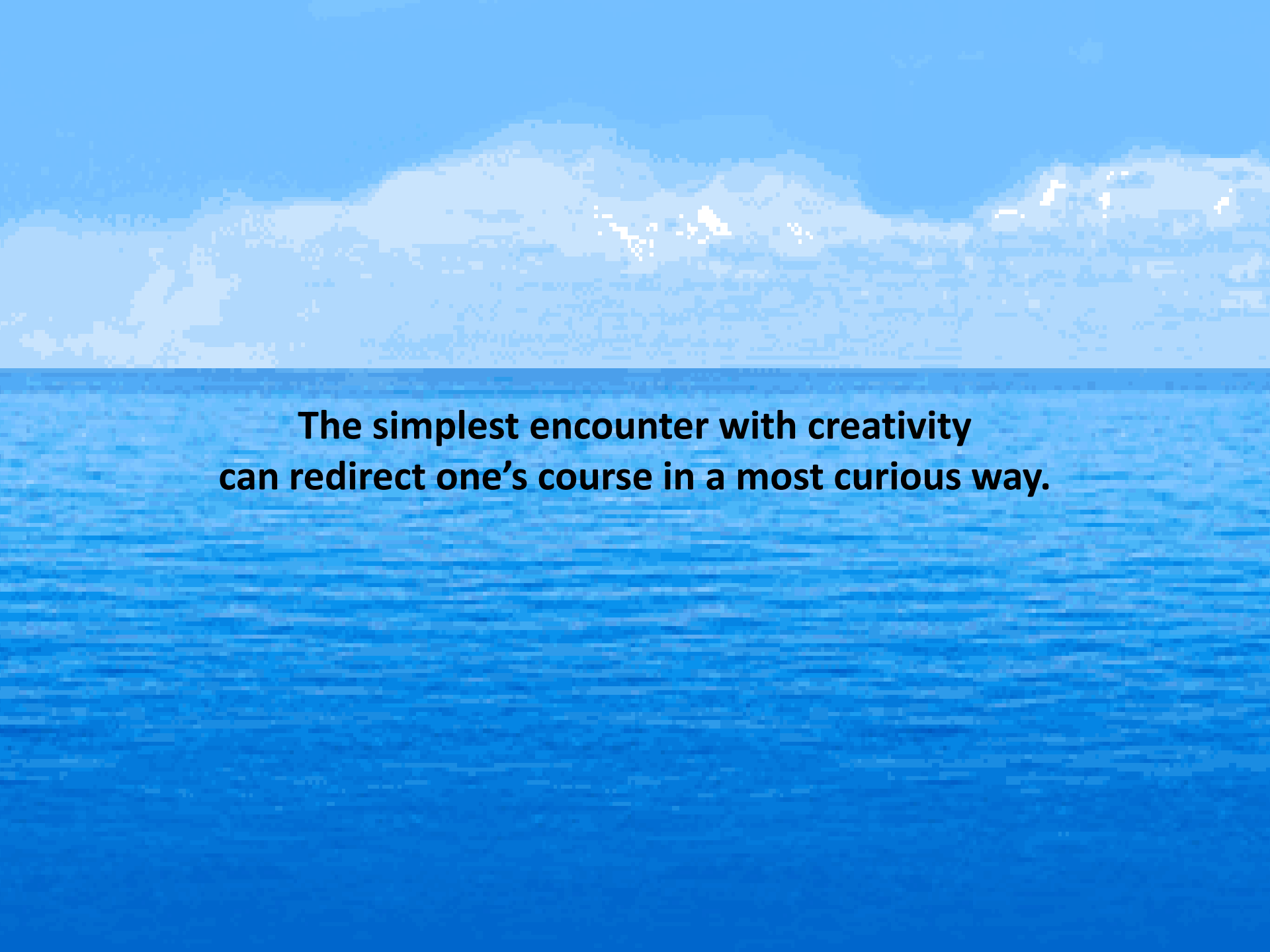
Redundant thought is confined thought.



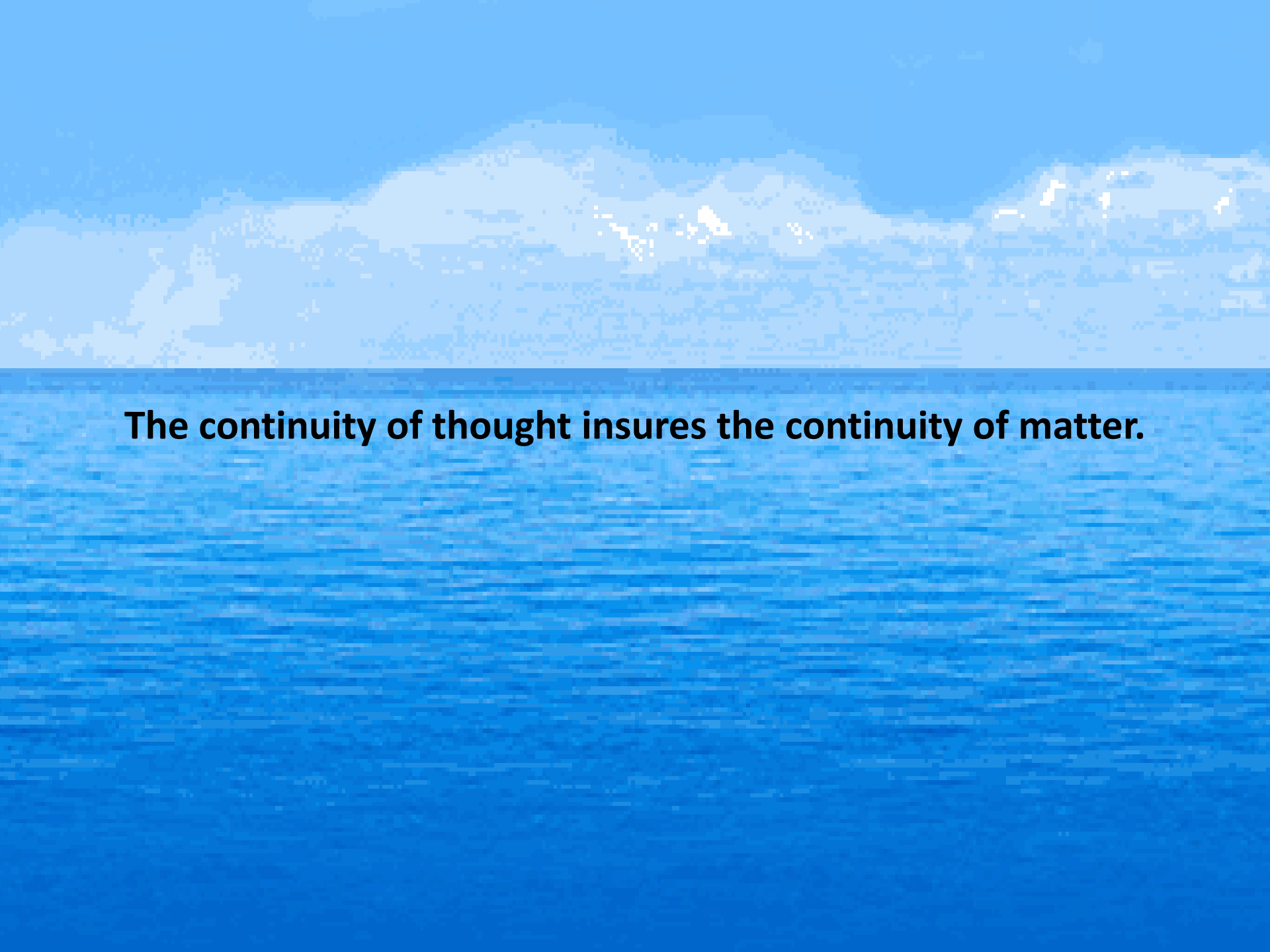
The commonality of the common insures the same.

A photograph of a bright blue sky with scattered white clouds, meeting a calm blue ocean at a clear horizon line. The text is centered in the lower half of the image.


Existence is a continuous state of growing.

A photograph of a bright blue sky with scattered white clouds, meeting a deep blue ocean at a clear horizon line. The text is centered in the lower half of the image.


**The simplest encounter with creativity
can redirect one's course in a most curious way.**

A photograph of a bright blue sky with scattered white clouds, positioned above a vast, deep blue ocean. The horizon line is clearly visible, separating the sky from the water.

The continuity of thought insures the continuity of matter.

A background image showing a clear blue sky with scattered white clouds above a calm blue ocean. The horizon line is visible in the middle of the frame.

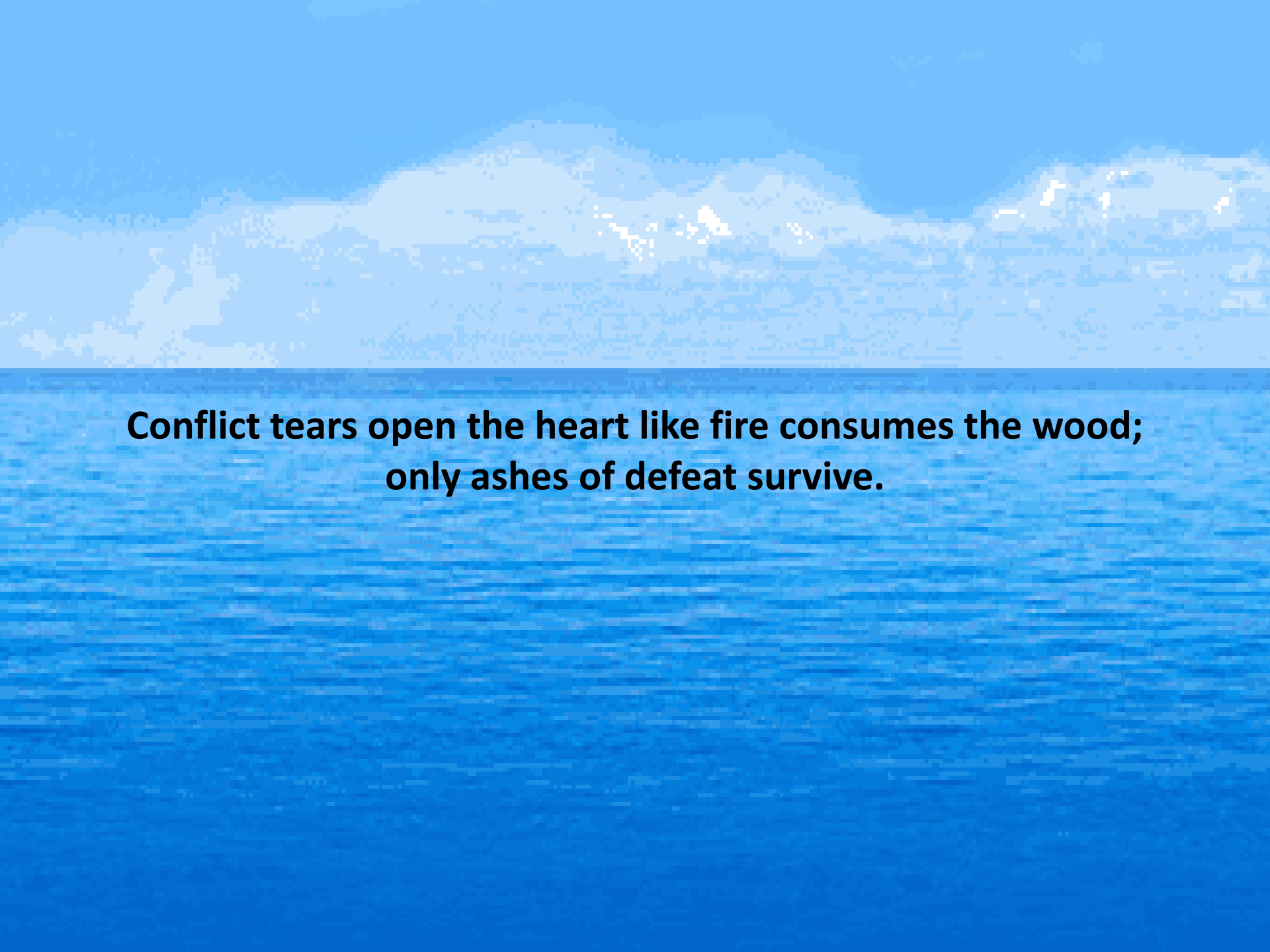
**Nothingness only exists in the context of everything;
nothingness and everything are equivalent.**

A background image showing a clear blue sky with scattered white clouds above a calm blue ocean. The horizon line is visible in the middle of the frame.

**Safety is enhanced but identity always compromised
when running with the pack**

A background image showing a clear blue sky with scattered white clouds above a calm, blue ocean. The horizon line is visible in the middle of the frame.

One's behavior propagates in others.

A blue sky with white clouds over a blue ocean.

**Conflict tears open the heart like fire consumes the wood;
only ashes of defeat survive.**

A photograph of a bright blue sky with scattered white clouds, meeting a deep blue ocean at a clear horizon line. The text is centered in the middle of the image.

It is always fiction before it is non-fiction.

A photograph of a bright blue sky with scattered white clouds, meeting a deep blue ocean at a clear horizon line. The text is centered in the middle of the image.

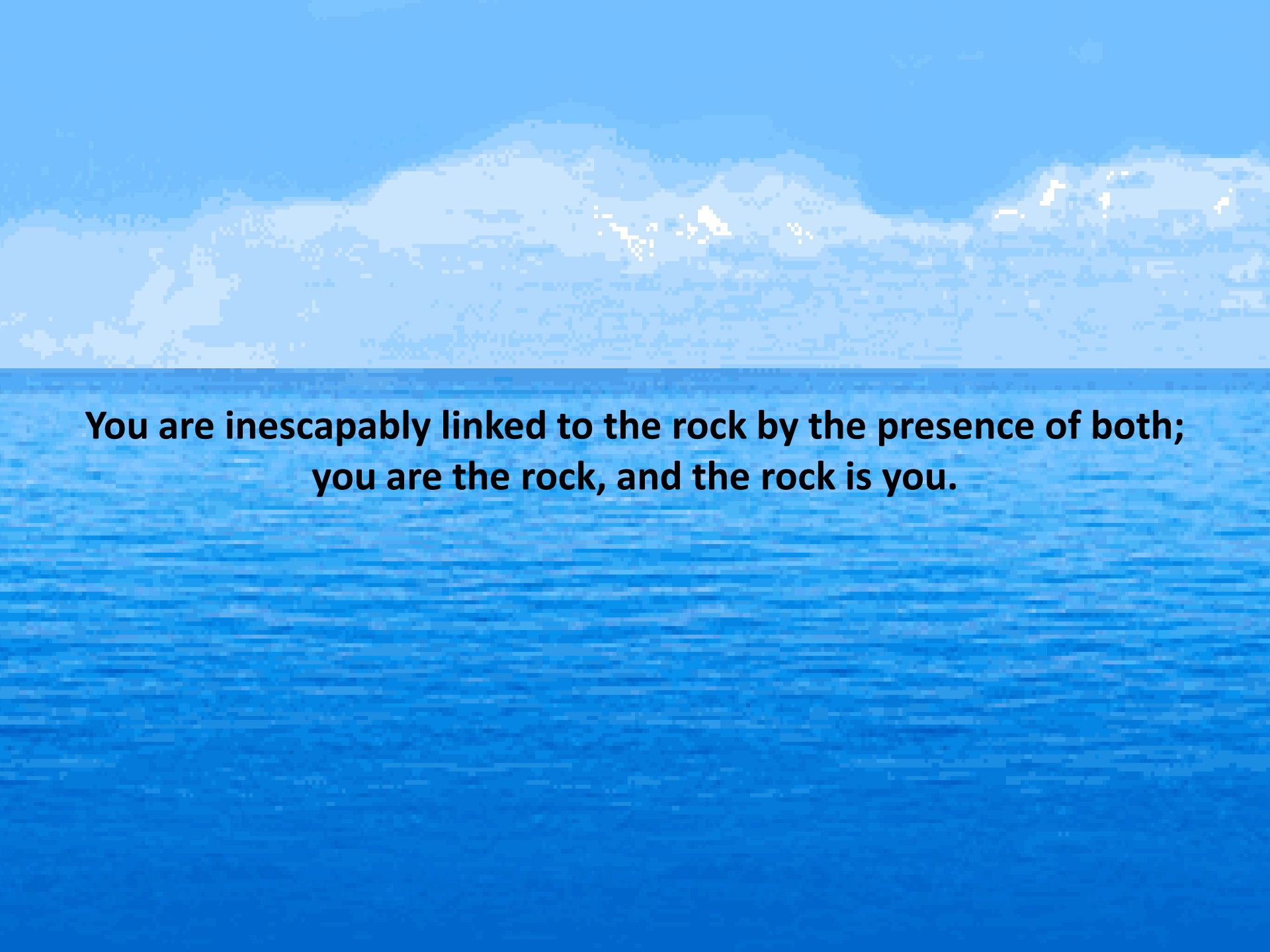
Sometimes fiction is blurred by reality.

A background image showing a clear blue sky with scattered white clouds above a calm blue ocean. The horizon line is visible in the middle of the frame.

The web extends to both the spider and the insect that it captures.

A photograph of a bright blue sky with scattered white clouds, meeting a deep blue ocean at a clear horizon line. The text is centered in the middle of the image.

Because something has life does not mean that it lives.

A photograph of a bright blue sky with scattered white clouds, meeting a deep blue ocean at a clear horizon line. The text is centered in the lower half of the image.

**You are inescapably linked to the rock by the presence of both;
you are the rock, and the rock is you.**



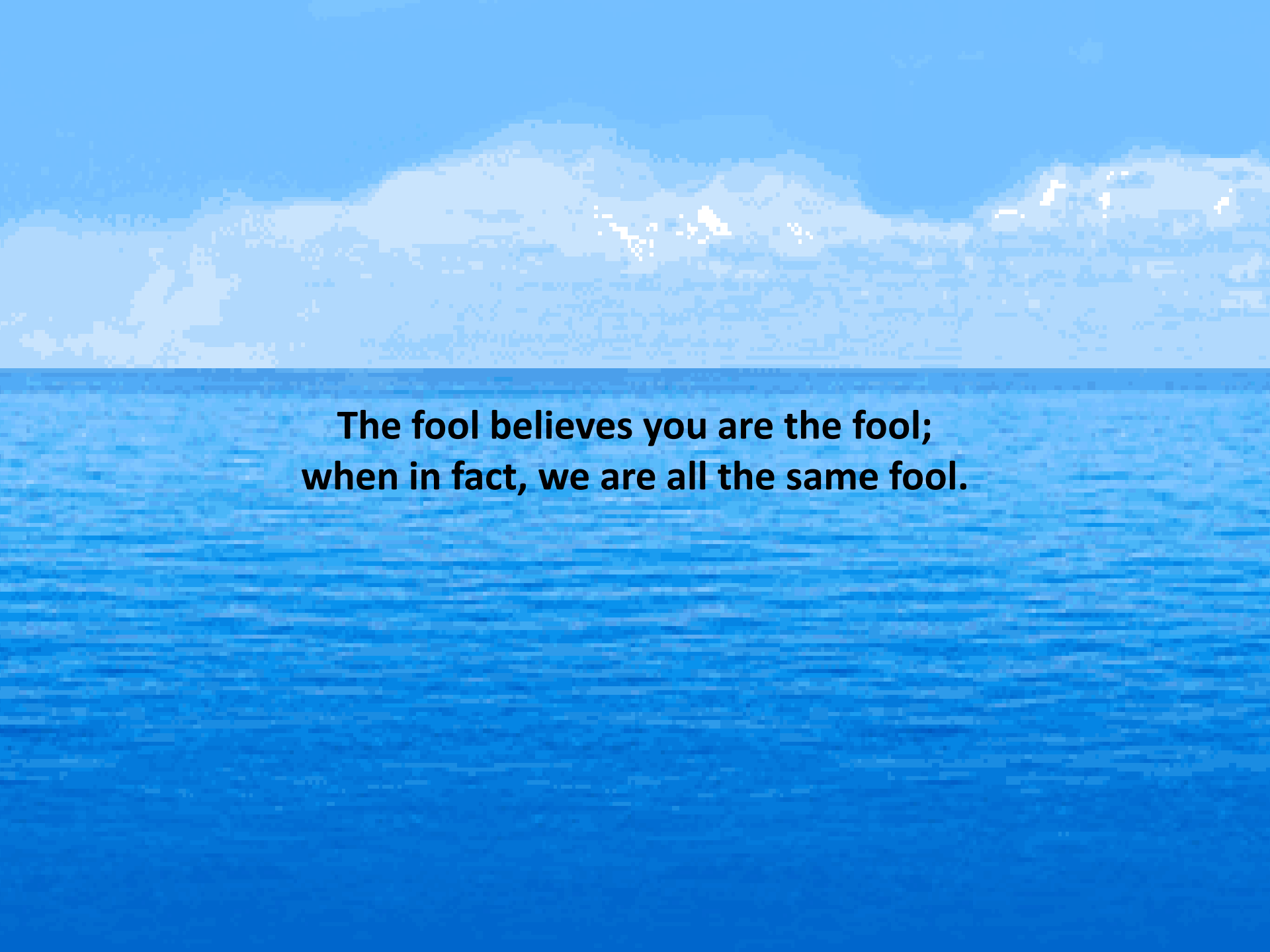
**In space-time, if time is continuous,
then space must be continuous;**

**You are continuous with all that exists.
There is only one existence**

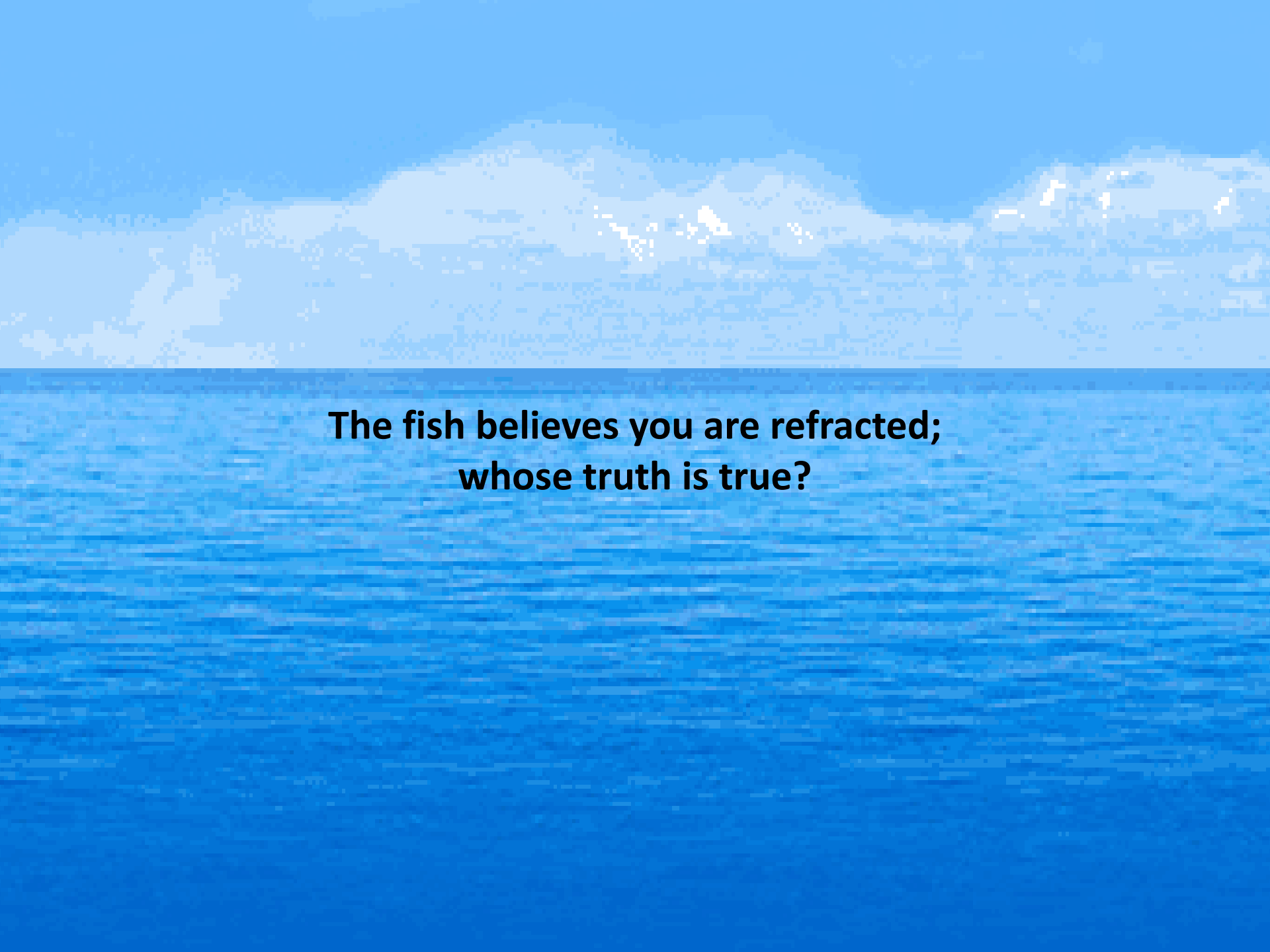


Different rates of time correspond to different densities of space.

All exists in vertical time or horizontal time.

A background image showing a clear blue sky with scattered white clouds above a calm blue ocean. The horizon line is visible in the middle of the frame.

**The fool believes you are the fool;
when in fact, we are all the same fool.**

A photograph of a bright blue sky with scattered white clouds above a calm, deep blue ocean. The horizon line is clearly visible, separating the sky from the water.

**The fish believes you are refracted;
whose truth is true?**

A background image showing a clear blue sky with scattered white clouds above a calm, deep blue ocean. The horizon line is visible in the middle of the frame.

The agent within is the only authority you require.

A background image showing a clear blue sky with scattered white clouds above a calm, deep blue ocean. The horizon line is visible in the middle of the frame.

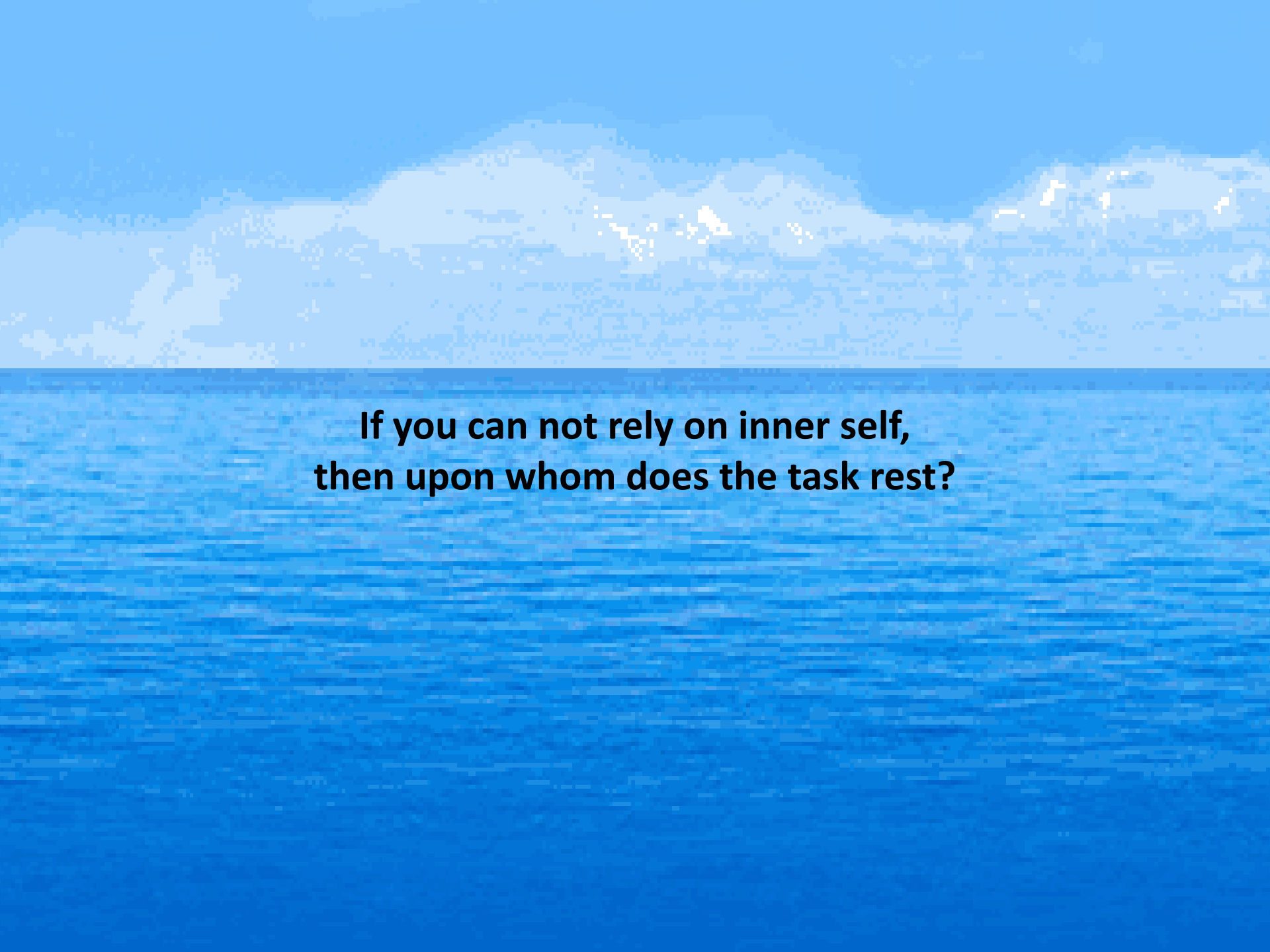
Creativity is the vehicle to expand understanding.

A photograph of a bright blue sky with scattered white clouds, meeting a deep blue ocean at a clear horizon line. The text is centered in the middle of the image.

Creativity is the original sparkle of the light.

A photograph of a bright blue sky with scattered white clouds, positioned above a calm, deep blue ocean. The horizon line is clearly visible, separating the sky from the water.

When you gather light, you open all possibilities.

A background image showing a clear blue sky with scattered white clouds above a calm, blue ocean. The horizon line is visible in the middle of the frame.

**If you can not rely on inner self,
then upon whom does the task rest?**

The Four Path:

**If there is no self-acknowledgment,
there is no attention;**

**If there is no attention,
there is no intention;**

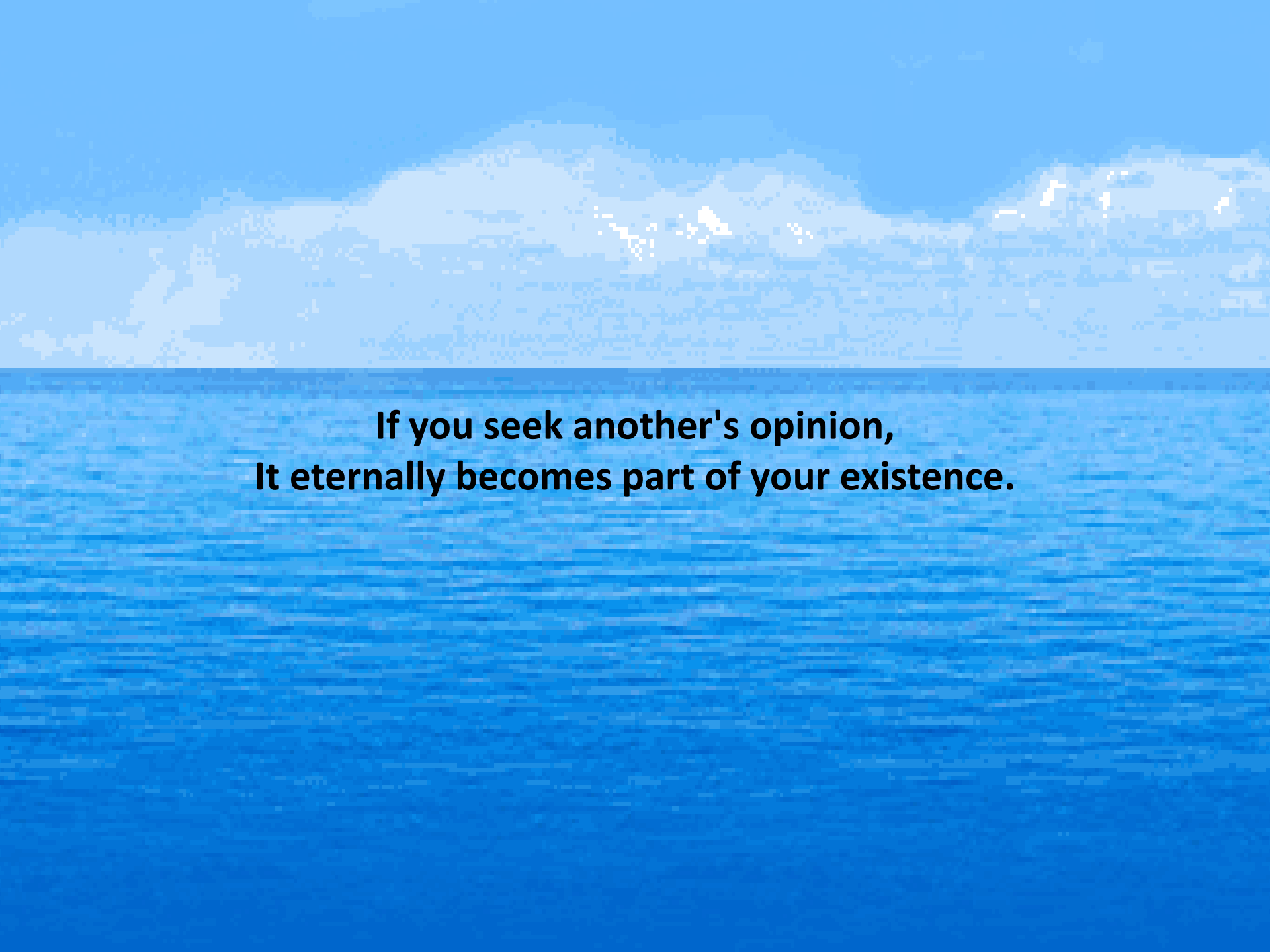
**If there is no intention,
There is no implementation;**

**If there is no implementation,
there is no fruition.**

A background image showing a bright blue sky with scattered white clouds above a calm, deep blue ocean. The horizon line is visible in the middle of the frame.

Do not seek the light through the eye.

**When the eye seeks the light,
the reflection sometimes blinds.**

A background image showing a clear blue sky with scattered white clouds above a calm, deep blue ocean. The horizon line is visible in the middle of the frame.

**If you seek another's opinion,
It eternally becomes part of your existence.**

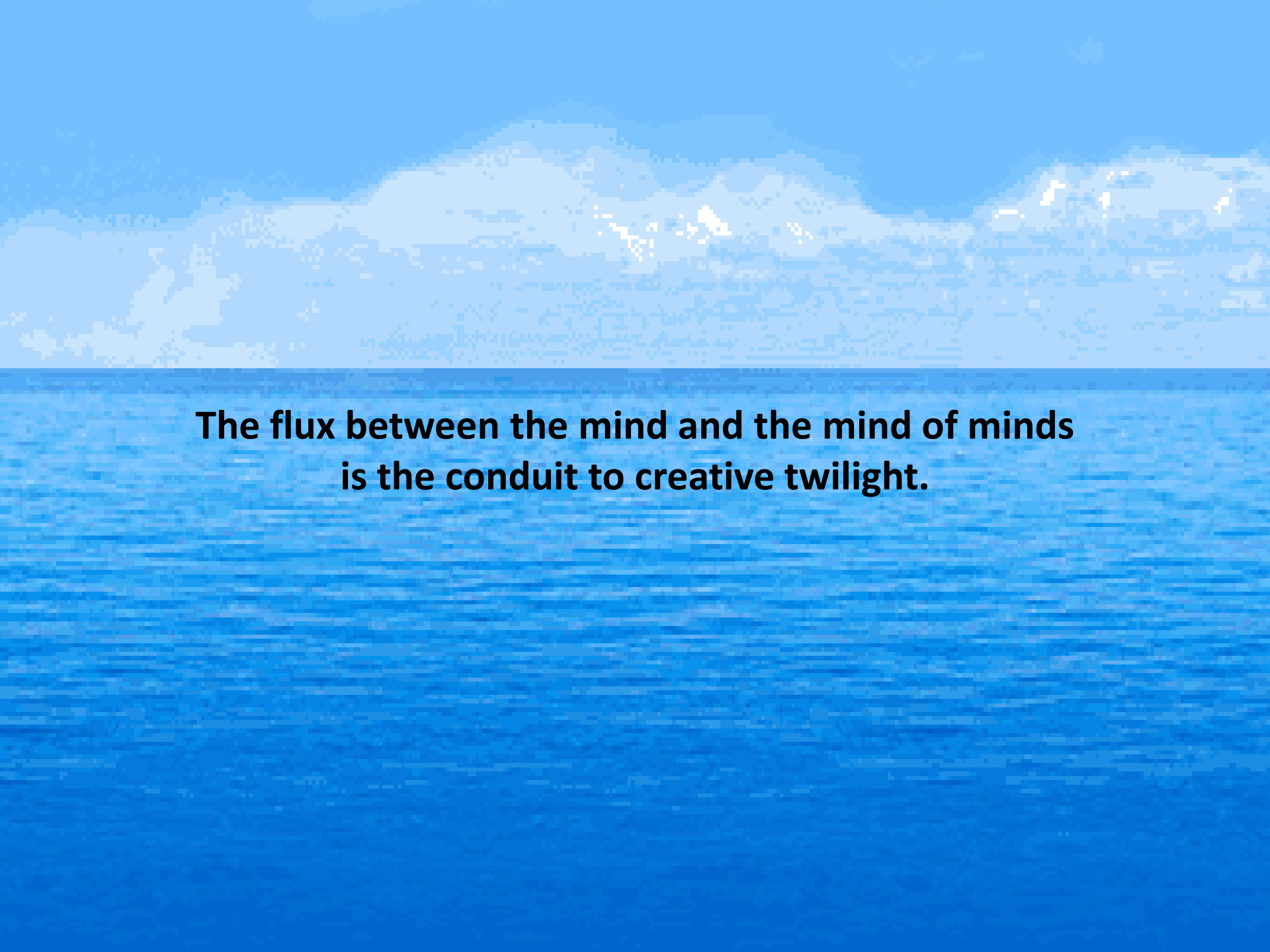
A blue sky with white clouds over a blue ocean.

The Universe of realities is a subset within a subset within a subset.

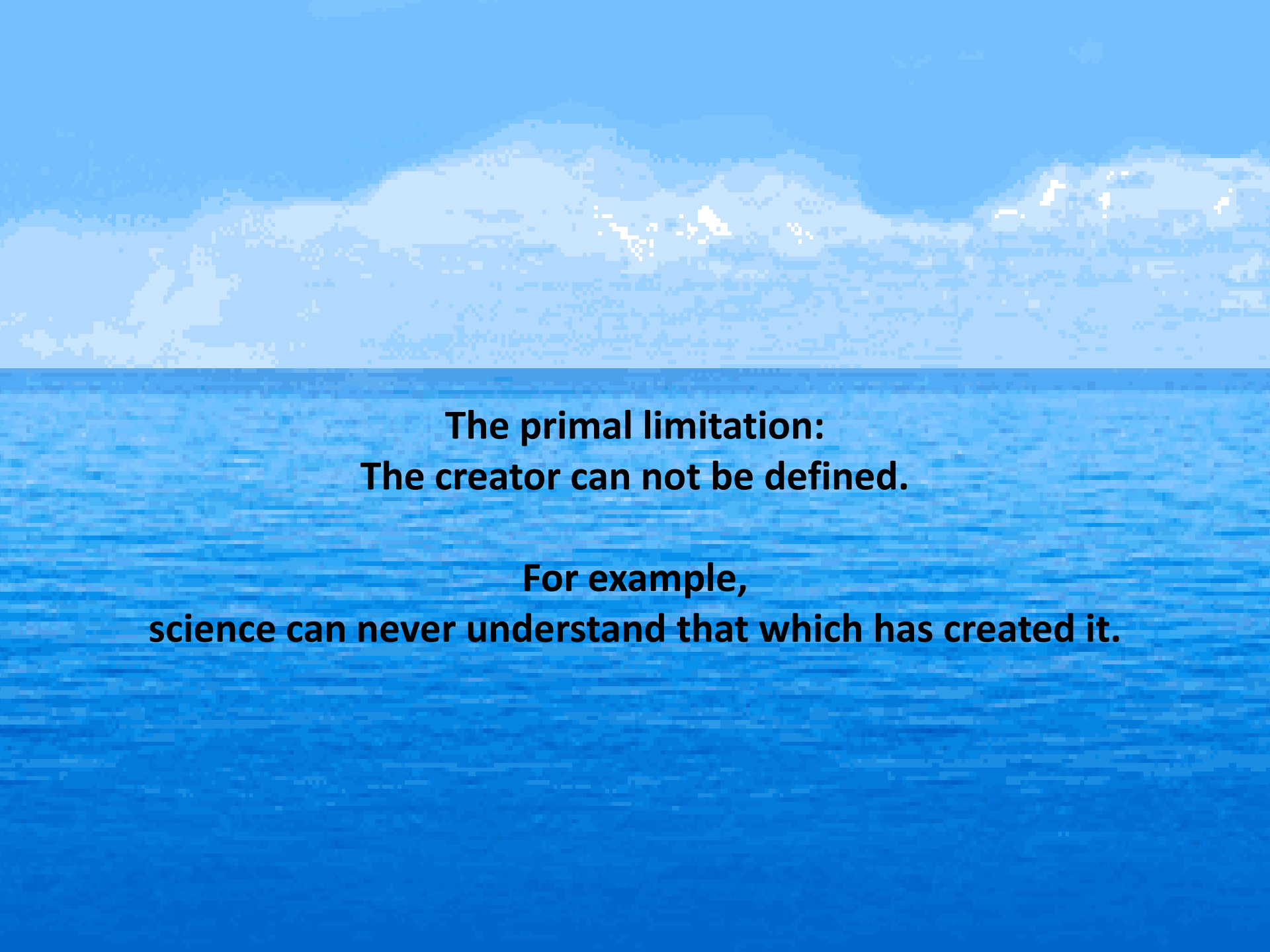
When you seek it, you must look within, and within the within.



Mind
Mind of Minds
Mind of Minds of Minds



**The flux between the mind and the mind of minds
is the conduit to creative twilight.**



**The primal limitation:
The creator can not be defined.**

**For example,
science can never understand that which has created it.**

A blue sky with white clouds over a blue ocean.

Perfection is a unnecessary burden.

Perfection is stasis of flow.

Enjoy your flow.

A photograph of a bright blue sky with scattered white clouds, meeting a calm blue ocean at a clear horizon line. The text is centered in the middle of the image.

Redundant thought is confined thought.



Redundant behavior insures more of the same.

A photograph of a bright blue sky with scattered white clouds, meeting a calm blue ocean at a clear horizon line. The text is centered in the lower half of the image.


**Every infinitesimal moment of growth
yields a new momentary destination.**

A photograph of a bright blue sky with scattered white clouds, meeting a deep blue ocean at a clear horizon line. The text is centered in the middle of the image.

Destination is the composite of every moment.



Vertical time and horizontal time must flow one to the other.



Mana is the energy of self that defines self.

A photograph of a bright blue sky with scattered white clouds, meeting a deep blue ocean at a clear horizon line. The text is centered in the lower half of the image.

The creator is that which can not be described.